



**Endometriosis UK**

**Annual report and accounts for the year ended 31 March 2019**

**Company no. 2912853**

**Charity no. 1035810**

## Financial statements for the year ending 31 March 2019

### Contents

This Trustee and Directors' report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of the women who have been helped by Endometriosis UK in addition to financial summaries and analysis.

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## REPORT OF THE DIRECTORS AND TRUSTEES

### Legal and administrative details

Endometriosis UK is a company limited by guarantee and a registered charity.

### Board of Trustees

Members of the Board of Trustees during the year were as follows:

Angela Style	Chair (appointed as Chair February 2015)
Melissa Longley	Vice Chair (appointed as Vice Chair July 2015)
Amanda Collier BA ACA	Treasurer (appointed as Treasurer January 2016)
Sarah Atkinson	
Andy Glyde	
Andrew Horne	(appointed May 2019)
Sera Miller	
Alice Smith	
Dr Veena Rao	
Sanjay Vyas MD FRCOG	

Endometriosis UK has a skills-based Board of Trustees and trustees are recruited in order to ensure that the board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are elected each year at the Annual General Meeting. The higher of three or one third of trustees are asked to retire each year and may offer themselves for re-election.

Company Secretary	Emma Cox, CEO Endometriosis UK
Registered Office	65 Leadenhall Street, London EC3A 2AD
Charity number	1035810
Company number	2912853
Auditors	Knox Cropper LLP 65 Leadenhall Street, London EC3A 2AD
Bankers	CAF Bank Limited PO Box 289 Kings Hill West Malling Kent ME19 4TA
Solicitors	Bates Wells and Braithwaite 10 Queen Street Place London EC4R 1BE

### **Medical Advisory Panel**

Sanjay Vyas, Consultant Gynaecologist, North Bristol NHS Trust & President of the BSGE

Dr Kirana Arambage, Senior Registrar Obs and Gynae, John Radcliffe Hospital, Oxford

Dr Christian Becker, Senior Clinical Research Fellow, John Radcliffe Hospital, Oxford

Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

Wendy-Rae Mitchell, Clinical Nurse Specialist, Gynaecology, Royal Surrey Hospital, Guildford

Dr Veena Rao, General Practitioner with special interest in women's health, Cumbria

### **Report of the Directors and Trustees**

The trustees (who are also the directors of the charitable company for the purposes of the Companies Act) present their combined directors' report and trustees' report, as required by company law, together with the audited financial statements of Endometriosis UK (the Charity) for the year ended 31 March 2019. The trustees confirm that the trustees' report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

### **Legal and administrative information**

Endometriosis UK is a registered charity and a company limited by guarantee, governed by the company's memorandum and articles. All the directors of the company serve as trustees of Endometriosis UK. Full legal and administrative details are set out on page 3.

### **Principal objectives and activities**

The principal objectives and activities of Endometriosis UK are:

- To provide support and information services to women with endometriosis.
- To advance the education of the general public and health professionals regarding endometriosis.
- To promote research into the disease.

The following outcomes for 2015 – 19 have been agreed:

1. Better quality of life for women with endometriosis.
2. Better healthcare for women with endometriosis.
3. Increased public and political awareness of endometriosis in the UK.

## About endometriosis

Endometriosis is a gynaecological condition where tissue similar to the lining of the womb grows in other areas of the body, most commonly within the pelvic cavity. This tissue responds to the hormonal cycle in the same way as the lining of the womb, but unlike the lining of the womb there is no way for it to exit the body. It remains within the body where the bleeding forms lesions, cysts and scar tissue (adhesions). An estimated 1.5 million women in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease, although the impact may be felt for life. We do not know the percentage severely disabled by it. We currently do not know what causes the disease and there is no cure.

Endometriosis can result in inflammation, scar tissue, severe pain, painful sexual intercourse, infertility, bowel and digestive problems, bladder problems and a wide range of other symptoms. None of the symptoms are exclusive to endometriosis and, despite being the second most common gynaecological disease, diagnosis can take a long time often with multiple visits to healthcare practitioners. Currently surgery is the only way of diagnosing it definitively. Endometriosis UK's own patient surveys have found that on average it takes 7.5 years from first symptoms to being diagnosed (January 2011). Whilst this is an improvement upon the 2005 survey (11 years of delay), it is still unacceptably long. Additionally, there is a general lack of awareness about it: fewer than 50% of people asked in a survey (February 2013) were aware of the condition and even fewer knew what it was.

There is no wholly satisfactory drug therapy and often the treatment is surgery, although for many this has to be repeated. The repercussions can be enormous: it can affect every aspect of a woman's life, from work, ability to conceive, to relationships and overall quality of life. Since the condition is hard to see and problematic to diagnose, women can often feel very isolated - coping with persistent pain, infertility and other unpleasant symptoms can also lead to depression.

Endometriosis can also have a huge effect on partners, family members and personal relationships, and all those affected may need support. This is evident from the number of partners and family members who contact the charity. Although in the past it was considered a disease of women aged 30+, increasing numbers of women are reporting that they are experiencing troublesome symptoms as early as their first period and sometimes even before this. There is no evidence to suggest that this is due to an increase in occurrence of endometriosis, but rather is due to the realisation at an earlier age that severe period pain is not normal. Hence younger women are seeking help at an earlier age - something for which the charity's campaigns over many years should take credit. However, without improved diagnosis and treatment the negative outcomes for women of persistent pain, debilitating symptoms and potential infertility still remain.

## FOREWORD

This year has seen significant changes in awareness and policy-making that will make real and tangible differences to the lives of those living with endometriosis and for future generations.

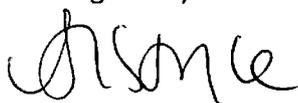
One of our proudest achievements has been the success of our campaign to introduce compulsory menstrual wellbeing education for all primary and secondary schools in England from 2020. This was announced by the then Education Minister Damien Hinds MP in February 2019, following campaigning by us and our partners. Thank you to everyone who signed the petition and shared their own stories with the #WhatIWishILearned hashtag on social media. We are now working to ensure that menstrual wellbeing will be taught in schools across the UK – not just England - as understanding what a normal menstrual cycle is like and when to seek help is a key component in our aim of reducing diagnosis time.

Improving care and treatment for endometriosis remains one of our key priorities. GPs have an important role to play in this and we are delighted to see our long-term drive to support GPs with diagnosing endometriosis come to fruition with a partnership with the Royal College of GPs. A [Menstrual Wellbeing Toolkit](#) has been launched on the RCGP website to help GPs with earlier diagnosis of the endometriosis, and in March this year an e-learning module on endometriosis for GPs was launched. The launch of the NICE [Quality Standards for Endometriosis](#) in August 2018 offered a key opportunity to improve care and treatment, and we were pleased to see our comments taken on board. We are now working to ensure that these guidelines are implemented across the UK so everyone has access to the right care at the right time.

Another highlight of this year was the *Endometriosis Research Now!* Conference, the first endometriosis scientific research conference for those with endometriosis, families and friends, with top researchers from around the world sharing their latest research with 300 delegates.

We were also delighted to announce our partnership with Standard Life to help raise awareness of endometriosis and inspire change within the workplace. As part of the partnership, we were proud to be part of the Standard Life [Beyond the Invisible exhibition](#) with internationally renowned photographer Rankin to shine a light on the condition during Endometriosis Awareness Month in March 2019. As a result of the partnership, endometriosis has been spoken about by all major news channels and our message has reached audiences we have not reached before.

We have bold and ambitious plans for the future. We are developing a new strategy for the coming 5 years, built on a strong sense that people with endometriosis deserve better and now is the time for change. We are determined Endometriosis UK will do more to bring about the changes that those with endometriosis need – in diagnosis times, in the workplace, in education and in ensuring everyone gets better treatment and support to live well with the disease. But we know that we cannot bring about this change alone and that this will be a team effort. So a huge thank you to everyone who is part of Team Endo – members, volunteers running our support services and in other roles, everyone who has run or cycled or baked cakes and those who supported them, healthcare professionals, staff, trustees, researchers and especially people with endometriosis and their friends and families who offer their support. We look forward to working with you in the coming year.



Angela Style



Emma Cox

September 2019

## KEY ACHIEVEMENTS

In 2018/19 we achieved several long-term objectives, focused on reducing diagnosis times and supporting those with endometriosis. We have pulled out a few of the highlights of the year below, with more details of our activities on following pages.

### ✓ SUPPORT FOR PEOPLE LIVING WITH ENDOMETRIOSIS

The very heart of what we do is support those living with endometriosis, providing direct support through our network of Support Groups, Helpline and Health Unlocked our online forum. All are run by an amazing team of volunteers, and a huge thank you to all those who give up their time to do such great work. Our Support Groups are the face of Endometriosis UK for many, and the year saw 7 new Support Groups launched taking the total to 39, with over 250 meetings held during the year, and a whopping 9,000 new people signed up to Health Unlocked, our online forum.

This year our partnership with the Royal College of GPs (RCGP) for a Menstrual Wellbeing spotlight project resulted in two significant new resources for GPs: a *Menstrual Wellbeing Toolkit* and an endometriosis e-learning module. We believe that these tools, along with increased awareness, will help GPs support earlier diagnosis of the disease.

### ✓ INFORMATION & RESEARCH

*Endometriosis Research Now!* was our – and the UK's – first ever scientific research conference for those with endometriosis, friends and family. Working in partnership with the World Endometriosis Society, and World Endometriosis Research Foundation we had world class researchers speaking to a packed and sold out event. Thanks to generous grant support from the Wellcome Trust we were able to keep delegate fees low, and to offer some travel bursaries to the unwaged. A big thank you to the research community for their support and engagement.

### ✓ CAMPAIGNING

With your help we did it – we got Menstrual Wellbeing added to the new school curriculum for primary and secondary schools across England. Over 100,000 people signed our petition calling for this, 100's of people shared their experiences on social media, we gained the support of the All Party Parliamentary Group (APPG) on Education, and had two meetings with the Minister; you can imagine all the work behind the scenes. A great outcome, as from 2020 all primary and secondary school children will be educated in an age appropriate way about menstrual wellbeing and what is a 'normal' period, and what is not.

### ✓ RESOURCING

We were delighted to launch our corporate partnership with Standard Life, working together to raise awareness, reduce diagnosis time, and tackle stigma in the workplace. Standard Life are keen to champion Invisible Illnesses and it is great for us and for all those with the disease that they have chosen Endometriosis UK as their first partner. It is unusual for such a large company to work with a small charity, and we are impressed with Standard Life for all the work they have put in not just in how to champion Invisible Illnesses but also in how to work supportively and in partnership with us to achieve our goals.



Home ▶ Clinical ▶ Resources ▶ Clinical Toolkits ▶ Menstrual Wellbeing Toolkit

# Menstrual Wellbeing Toolkit



Menstrual related problems affect a significant proportion of the 25 percent UK female population of reproductive age, from menarche to menopause, affecting physical, psychological and social



## Women affected by endometriosis share just how debilitating the condition is in a photoshoot with photographer Rankin - including one whose period was non-stop for SIX months

By Latoya Gayle For Mailonline  
17:04 21 Mar 2019, updated 17:05 21 Mar 2019



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Home > Courses > Clinical Courses and Certifications > Endometriosis > Summary

**Endometriosis**

This half-hour course aims to promote awareness of the symptoms of endometriosis. Using the NICE guidance as a key reference, investigation and treatment will be discussed as well as when to refer to secondary care. A case study will illustrate common issues with diagnosis and treatment from early presentation in the clinic through to trial of therapy, surgery and subsequent surgery.

The course is FREE to RCGP members and other healthcare professionals in the UK.

**Time to complete this course:** 30 minutes  
**Date of publication:** March 2019



## SUPPORT FOR PEOPLE LIVING WITH ENDOMETRIOSIS

### Highlights

- ✓ Launched 7 new Support Groups, with 39 Support Groups running across the UK. Over the year 260 support group meetings were held including 9 of our online support group meetings.
- ✓ Supported and trained 36 new volunteers to run our Support Groups, Helpline and online forum Health Unlocked.
- ✓ Increased the support offered via Health Unlocked, our online moderated forum, with 9,000 new members signing up over the year taking the total to over 40,000.
- ✓ Developed our helpline and answered 515 calls.
- ✓ Hosted two *Living with Endometriosis* information days in partnership with BSGE Centres, Edinburgh and London, to improve knowledge and understanding of living with endometriosis.
- ✓ Secured funding from the Scottish Government to expand our reach in Scotland.
- ✓ Partnered with the Royal College of GPs (RCGP) to launch a *Menstrual Wellbeing Toolkit* and an endometriosis e-learning module for GPs, as part of a *Menstrual Wellbeing* spotlight project, helping GPs support earlier diagnosis of the disease.
- ✓ Contributed to and supported the launch of the NICE Endometriosis Quality Standards.

### Future Plans

- ✓ Investigate development of the Helpline to provide email support, in addition to the current telephone service.
- ✓ Review with our Support Groups how they would like to develop to support the needs in their communities.
- ✓ Open 6 new Support Groups in areas where we have identified there are gaps in provision plus a new online support group for rural Wales given the transport challenges.
- ✓ Analyse trends of Helpline calls and recruit volunteers to do shifts where call volumes are higher so we can answer more calls.
- ✓ Continue to develop a programme of *Living with Endometriosis* information days in partnership with BSGE centres across the UK.

**A big THANK YOU to all our amazing volunteers**

“The support group leader does so much to support those who are suffering. She dedicates much time and energy to helping others and has provided advice and guidance to hundreds over the past few years. I got so much from attending the local support group meetings/leaders, I myself became a support group leader. Thank you to everyone at Endometriosis UK for the wonderful work you do in spreading awareness and support”.



“I just wanted to say thank you to you and the team for organising such an interesting and informative call. This evening's call was my first and I was really impressed with the level of knowledge of the guest speaker and with the way that it was organised and run.

I look forward to attending the next one!”

*Online Support Group attendee*

“I have had awful luck trying to progress with getting a diagnosis and I had been feeling really negative about it. I called up today to receive some advice and information about specialists around one and the woman I spoke to gave me such good information and was really friendly and helpful! I'm feeling more positive than I have in years and wanted to message in just to say thank you.”



## INFORMATION & RESEARCH

### Highlights

- ✓ First ever scientific research conference for those with endometriosis, family and friends - *Endometriosis Research Now!* The sell-out event was organised in partnership with the World Endometriosis Research Foundation and World Endometriosis Society and received excellent feedback from those attending.
- ✓ Partnered with Universities and Research Consortia across the UK to support Public and Patient Involvement (PPI) in a range of research projects and support funding applications to increase the amount of research into endometriosis.
- ✓ Continuing development of website, with over 400,000 unique users visits over the year.

### Future Plans

- ✓ Hold our second *Endometriosis Research Now!* Conference, in Scotland.
- ✓ Work with the research community on projects to learn more about endometriosis, its treatment and management, focussing on the needs of those with the disease.
- ✓ Continue to push for increased funding into research.

## AWARENESS & CAMPAIGNING

### Highlights

- ✓ Successfully campaigned for the introduction of menstrual wellbeing education in all primary and secondary schools across England from 2020.
- ✓ Member of the Welsh Government Endometriosis Task and Finish Group, which produced a report on improving care for endometriosis in Wales.
- ✓ Increasing our work with Government: worked with the Women's Health All Party Parliamentary Group (APPG) in Westminster, and the Cross-Party Groups for Women's Health in Scotland and Wales to continue to raise awareness of endometriosis with Governments. Held events during Endometriosis Awareness Month in the Scottish and UK Parliaments to secure the support of politicians.
- ✓ Increased impact of and participation in Endometriosis Awareness Month, held in March. We were delighted to partner with Standard Life for their *Beyond the Invisible* exhibition with internationally renowned photographer Rankin to shine a light on the disease. Extensive media coverage meant many more people heard about endometriosis on TV, radio, in the press and online.
- ✓ Supported participation in the Worldwide EndoMarch events in Glasgow, Cardiff and Llandudno (in partnership with FTWW), Belfast, and London.
- ✓ Achieved high profile coverage raising awareness of endometriosis across all major news outlets.

### Future Plans

- ✓ Increased public awareness through a programme of annual campaigns.
- ✓ Continue to campaign to get menstrual wellbeing included in the school curriculum in Wales, Scotland and Northern Ireland.
- ✓ Proactively working with journalists to raise awareness.



## Beyond the Invisible



 **Lorraine**  
Wednesday at 16:31 · 

'It's really complicated, it can take seven and a half years to get a formal diagnosis from a GP.'

TV presenter Julia Bradbury chatted to us about her difficulties getting an endometriosis diagnosis, often referred to as the invisible illness. Watch the full interview  <https://youtu.be/x8TZ5dw-f2U>

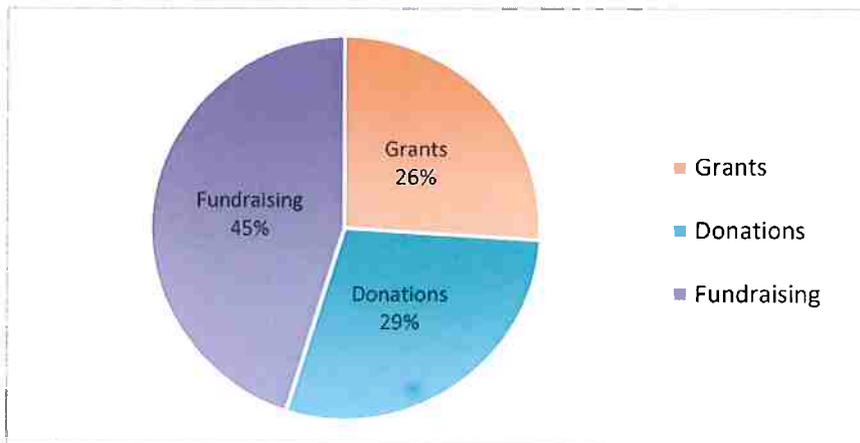


## RESOURCING

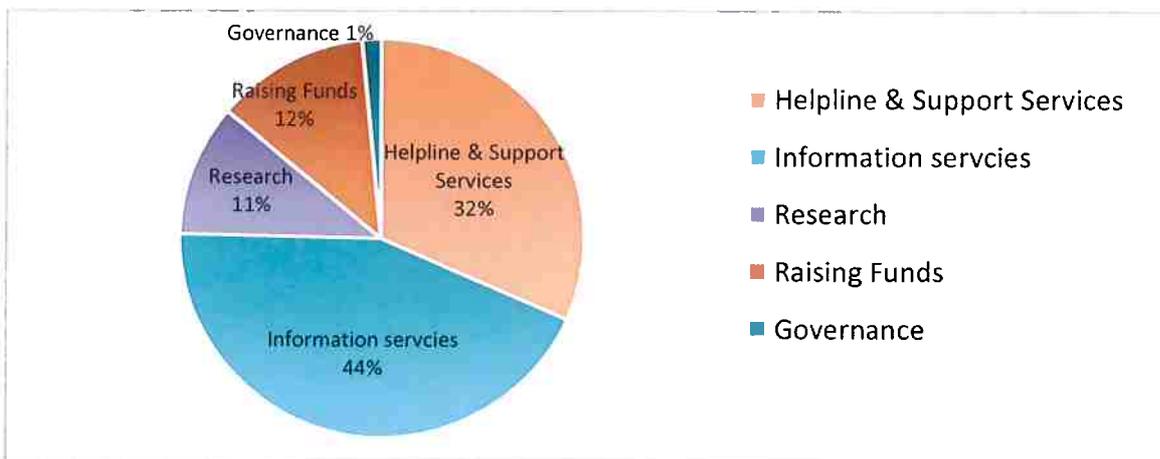
### Highlights

- ✓ Started development of a new 5 year strategy.
- ✓ Investment in two new staff positions, an Administration Officer and a Campaigns & Communications Officer, taking the staff complement to 5.2 full time equivalent positions (3 full time and 3 part time posts).
- ✓ Supported a wide range of events run by our fabulous volunteers and supporters.

### Income



### Expenditure



### Future Plans

- ✓ Implement a new 5 year strategy and income generation strategy.
- ✓ Continued investment in volunteer training, support and development.
- ✓ Improve our membership offer and grow our membership.
- ✓ Develop relationships with Charitable Trust & Corporates to secure new funding.
- ✓ Increase online donations via the website and social media.

## SUPPORTERS

### ACHIEVEMENTS

- ✓ Launched our first corporate partnership with Standard Life to raise awareness of endometriosis, reduce diagnosis time, and tackle stigma at work.
- ✓ Over 580 fundraising events were registered last year ranging from running, swimming, cycling, walking and climbing, to charity balls, bake sales and stand-up comedy.
- ✓ 150 people put on *Pink Pants Parties* that took place across the UK during September and 83 people hosted *Endo the Night* events in March to raise funds and awareness.
- ✓ The first BSGE Endometriosis Surgeon's Cycle Ride took place with 13 cyclists riding from London to Edinburgh, raising almost £15,000 for Endometriosis UK with additional publicity to raise awareness of the disease.

### FUTURE PLANS

- ✓ Expanding participation in events.
- ✓ Develop exciting new events.
- ✓ Secure high profile ambassadors.
- ✓ Attract more members and supporters.



## **GOVERNANCE**

### **FINANCIAL**

The trustee board oversees the charity's finances. To support the Board, a Finance Committee meets regularly, chaired by Treasurer Amanda Collier who is a qualified accountant and Senior Manager at PwC.

The year 2018-19 ended with a surplus of £50,000, following a surplus of £66,000 in 2017/18, a surplus of £90,000 in 2016/17 and a deficit of £31,000 in 2015/16. As well as increasing our expenditure we were able to post a surplus as a result of careful management of costs and planned investment which delivered in this year. The Trustees were keen to secure income streams to ensure that we are in a place to develop our plans – ambitious plans for a small charity. Through both managing costs and developing our fundraising, the trustees carefully monitored finances over the year to ensure the year ended with unrestricted reserves that comfortably met our reserves policy. The Trustees, and Finance Committee working closely with the CEO, will continue to look for opportunities to develop further fundraising opportunities.

### **RESERVES**

Our reserves policy is to achieve unrestricted reserves equivalent to 3-6 months' operating costs. Reserves level at March 2019 were 9 months operating costs. Our reserves have enabled us to deliver a planned increase in our operating costs over the year as we expand our activities, investing towards the end of the year in two new staff positions to support awareness raising, campaigning and supporter development. Staff and Trustees carefully monitor the cash flow position and reserves. Whilst building reserves has proved to be challenging in the current economic climate, our fundraising plans – combined with hard work and the generosity of all our donors – have helped us achieve our reserves target. At the year end, the charity has unrestricted reserves totalling £223,526.

Having sufficient reserves allows us to plan for and deliver future projects, with a focus on decreasing diagnosis times, raising awareness and supporting those with endometriosis. It also enables us to leverage further income, for example some funders are happier to part fund activities that the organisation has already raised some money for. Having sufficient reserves allows us to make the most of these opportunities.

### **PUBLIC BENEFIT STATEMENT**

The Trustees confirm that they have complied with the duty set out under section 4 of the Charities Act 2006 to have due regard to the Charity Commission's guidance on public benefit 'Charities and Public Benefit' in developing the objectives for the year and in planning activities.

## **RISK**

The charity reviewed risk during 2018-19, covering the key aspects of our work including finance, governance and management, operational and external factors. Material risks were identified, reviewed and mitigated by the trustees and this will continue in the year ahead.

## ACKNOWLEDGEMENTS

Our work depends on the time and knowledge kindly offered to us by our volunteers, fundraisers, speakers, health experts and clinical advisors. Without them we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity. All those volunteers who have given up their time to support other women with endometriosis - through the Helpline, Support Groups, Health Unlocked moderators - receive a special vote of thanks. Huge thanks as well to everyone involved in running an event as part of Endometriosis Awareness throughout March and everyone who baked cakes or ran or walked or gave up chocolate (or sponsored others for doing so) or were involved in other fundraising projects to raise money to support the charity. And a very heartfelt thank you to those who told their stories to the media to raise awareness, which can be such a hard and emotional thing to do yet is vital in raising awareness and helping others.

As well as our funders below, we would like to thank each and every person who has made a donation this year or encouraged other people to donate. We would also like to thank our small and dedicated staff team and offer particular thanks to members of the staff team who moved on to pastures new in 2018-19.

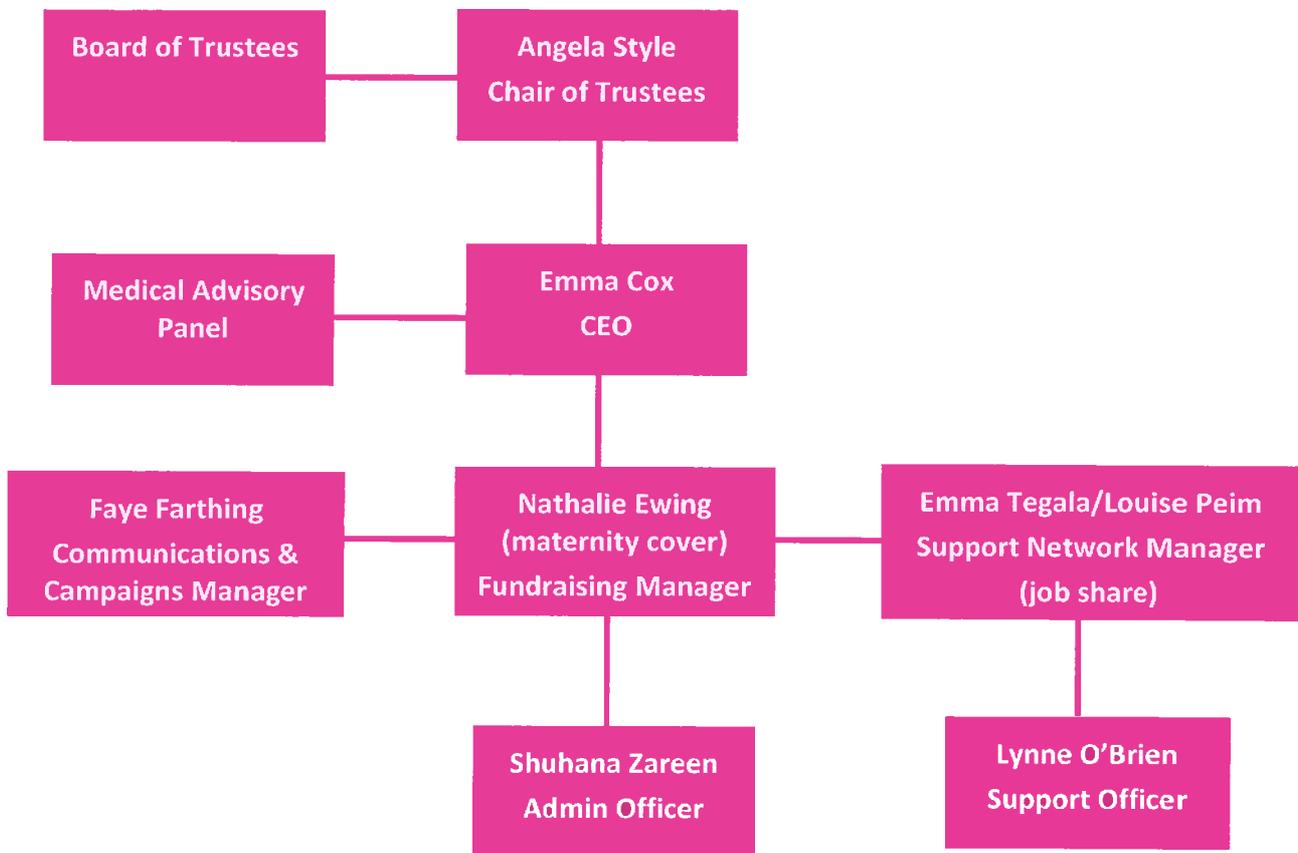
- ✓ Standard Life, our first major corporate partner
- ✓ Wellcome Trust – Public Engagement Fund grant
- ✓ Scottish Government – Section 10 Annual Grant Funding Scheme
- ✓ Takeda
- ✓ Hospital Saturday Fund

We were able to deliver the RCGP Menstrual Wellbeing Project thanks to generous educational grants from:

- ✓ Hologic - premium grant provider
- ✓ Bayer
- ✓ Gedeon Richter

## ABOUT US

### Meet the Endometriosis UK Governance and staff team



Heidi Yule, Fundraising Manager, is currently on maternity leave.

### HOW TO GET INVOLVED

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: [www.endometriosis-uk.org/get-involved](http://www.endometriosis-uk.org/get-involved)

If you would like to hear what we are up to throughout the year, sign up for our [regular e-update](#).

### CONTACT

Endometriosis UK  
75 Gloucester Place, London W1U 8JP  
Tel: 020 7222 2781 Helpline: 0808 808 2227

[www.endometriosis-uk.org/contact-us](http://www.endometriosis-uk.org/contact-us)

Twitter [@EndometriosisUK](https://twitter.com/EndometriosisUK)

Instagram [endometriosis.uk](https://www.instagram.com/endometriosis.uk)

Facebook [www.facebook.com/endometriosis.uk.org](https://www.facebook.com/endometriosis.uk.org)

## Endometriosis UK

### Report of the Directors and Trustees (continued)

#### STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Endometriosis UK for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charity SORP
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

#### AUDITORS

The auditors, Knox Cropper, will be proposed for re-appointment at the forthcoming Annual General Meeting.

On 31<sup>st</sup> March 2019, Knox Cropper, the Charity's auditors, transferred its business to Knox Cropper LLP, a limited liability partnership incorporated under the Limited Liability Partnerships Act 2000. The Trustees have consented to treating the appointment of Knox Cropper as extending to Knox Cropper LLP.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 29/10/19

and signed on its behalf by:



.....  
Angela Style (Chair)



.....  
Amanda Collier (Trustee)

## **INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE ENDOMETRIOSIS UK**

### **Opinion**

We have audited the financial statements of the Endometriosis UK (the 'charitable company') for the year ended 31 March 2019 which comprise the statement of financial activities, the balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### **Other information**

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material

inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing a strategic report.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities) . This description forms part of our auditor's report.

#### **Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken, so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report or for the opinions we have formed.

*Kevin Lally*

Kevin Lally (Senior Statutory Auditor)  
For and on behalf of Knox Cropper LLP, Statutory Auditor  
65 Leadenhall Street  
London  
EC3A 2AD

*29<sup>th</sup> October 2019*

Knox Cropper LLP is eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006.

**ENDOMETRIOSIS UK****STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)****FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2019**

	Notes	Restricted Funds £	Unrestricted Funds £	Total 2019 £	Total 2018 £
<b>INCOME FROM</b>					
Grants and Donations	3	107,200	118,937	226,137	82,027
Activities for generating funds	4	-	185,951	185,951	183,843
Interest		-	178	178	55
Other Income		-	146	146	168
<b>TOTAL</b>		<b>107,200</b>	<b>305,212</b>	<b>412,412</b>	<b>266,093</b>
<b>EXPENDITURE ON</b>					
Raising funds	4	-	45,804	45,804	47,483
Charitable activities	5	103,512	213,191	316,703	152,746
<b>TOTAL</b>		<b>103,512</b>	<b>258,995</b>	<b>362,507</b>	<b>200,229</b>
<b>Net Income before transfers</b>		<b>3,688</b>	<b>46,217</b>	<b>49,905</b>	<b>65,864</b>
Transfers between funds		-	-	-	-
<b>Net Movement in Funds</b>		<b>3,688</b>	<b>46,217</b>	<b>49,905</b>	<b>65,864</b>
<b>Reconciliation of Funds</b>					
<b>BALANCES BROUGHT FORWARD 01/04/2018</b>		<b>14,200</b>	<b>177,309</b>	<b>191,509</b>	<b>125,645</b>
<b>BALANCES CARRIED FORWARD 31/03/2019</b>		<b>17,888</b>	<b>223,526</b>	<b>241,414</b>	<b>191,509</b>

All income and expenditure has arisen from continuing activities.  
The notes form part of these financial statements.

**ENDOMETRIOSIS UK**

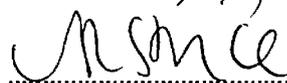
**BALANCE SHEET**

**AS AT 31<sup>ST</sup> MARCH 2019**

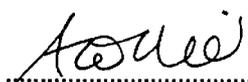
	Notes	2019		2018	
		£	£	£	£
<b>FIXED ASSETS</b>	9		7,556		401
<b>CURRENT ASSETS</b>					
Debtors	10	13,054		26,178	
Cash at Bank and In Hand	11	<u>243,828</u>		<u>186,084</u>	
		256,882		212,262	
Creditors : Amounts Falling due within one year	12	<u>(23,024)</u>		<u>(21,154)</u>	
			<u>233,858</u>		<u>191,108</u>
<b>NET ASSETS</b>			<u>241,414</u>		<u>191,509</u>
<b>FUNDS</b>					
Restricted Funds	14		17,888		14,200
Unrestricted Funds : General Reserve	15		223,526		177,309
			<u>241,414</u>		<u>191,509</u>

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard 102.

Approved on 29/10/19 and signed on behalf of the board



Angela Style (Director)



Amanda Collier (Director)

The notes form part of these financial statements.

Company Registration Number: 02912853

**ENDOMETRIOSIS UK**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2019**

**1. ACCOUNTING POLICIES**

**a. Basis of Preparation of Accounts**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)" and the Companies Act 2006. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The presentational currency of the financial statements is Pound Sterling (£).

**b. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are stated at cost less depreciation.

Depreciation is provided on a straight-line basis as follows:

Office Equipment: 25% on Cost

**c. Income and Expenditure**

All relevant income and expenditure is stated excluding recoverable Value Added Tax.

**d. Grants and Donations**

Grants and donations are recorded in the accounts when the Charity is unconditionally entitled to the amounts receivable, including the attributable gift aid when applicable.

**e. Going Concern**

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**2. NET INCOME**

	<b>2019</b>	<b>2018</b>
	£	£
Net Income is stated after charging		
Auditors' remuneration	2,100	2,100
Depreciation of fixed assets	650	652
Directors' Reimbursed expenses:		
Travel and Subsistence	411	636
	2,161	3,440

**ENDOMETRIOSIS UK****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2019****3. GRANTS AND DONATIONS**

	<b>2019</b>	<b>2018</b>
	£	£
Hologic	50,000	5,000
Edith Murphy Foundation	-	4,000
Albert Hunt Trust	-	1,000
Gedeon Richter	15,000	-
Bayer	15,000	-
Hospital Saturday Fund	2,000	-
Wellcome Trust	25,200	-
	<u>107,200</u>	<u>10,000</u>
Other Donations	118,937	77,027
	<u>226,137</u>	<u>82,027</u>

**4. ACTIVITIES FOR GENERATING FUNDS****Income**

Challenge Events	57,407	51,632
Membership fees	10,561	9,049
Publications and Events	18,601	4,120
Other Fundraising Activities (See Note below)	99,382	119,042
	<u>185,951</u>	<u>183,843</u>

**Expenditure**

Challenge Events	11,922	1,657
Costs of generating voluntary income	10,334	28,040
Other	23,548	17,786
	<u>45,804</u>	<u>47,483</u>

Note: Other Fundraising Activities represent members and supporters raising funds on behalf of the charity.

**5. CHARITABLE ACTIVITIES**

	----- 2019 -----			2018
	Direct Costs	Support Costs (Refer Note 6)	Total	Total
	£	£	£	£
Helpline and Support Services (Refer Note a)	81,674	35,036	116,710	114,079
Information Services (Refer Note b)	112,569	48,293	160,862	23,192
Research (Refer Note c)	27,768	11,363	39,131	15,475
	<u>222,011</u>	<u>94,692</u>	<u>316,703</u>	<u>152,746</u>

Note a: "Helpline and Support Services" relate to providing services to women for the relief of endometriosis.

Note b: "Information Services" relate to advancing the education of the general public and health professionals regarding endometriosis. In 2018/19, this included the RCGP Menstrual Wellbeing Project.

Note c: Research relates to activities to support research into endometriosis to improve understanding, treatment and management of the disease. In 2018/19, this included hosting *Research Now!*- a scientific research conference for non-scientists

**ENDOMETRIOSIS UK****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2019****6. SUPPORT COSTS**

	<b>Helpline and Support Services</b>	<b>Information Services</b>	<b>Research</b>	<b>2019 Total</b>	<b>2018 Total</b>
					£
Staff Costs	8,354	11,515	2,709	22,578	3,497
Office Costs	3,778	5,208	1,225	10,211	3,613
Premises Costs	10,291	14,185	3,338	27,814	25,336
Accounting	4,888	6,737	1,585	13,210	10,268
Other	7,725	10,648	2,506	20,879	4,173
	<u>35,036</u>	<u>48,293</u>	<u>11,363</u>	<u>94,692</u>	<u>46,887</u>

**Governance costs included in Support Costs comprise:**

	<b>2019</b>	<b>2018</b>
	£	£
Trustee Expenses	411	636
Audit Fee	2,100	2,100
Salaries and other costs	<u>3,307</u>	<u>3,497</u>
	<u>5,818</u>	<u>6,233</u>

**7. STAFF COSTS**

Wages and Salaries (including temporary staff)	114,388	85,764
Social Security Costs	6,194	2,671
Employer Pension	<u>1,505</u>	<u>550</u>
	<u>122,087</u>	<u>88,985</u>
	<u>7</u>	<u>5</u>

The average number of staff employed during the year was:

No member of staff earned in excess of £60,000 (2018: none).

All employees are working part time.

The CEO represents the key management personnel and the total remuneration for the year was £33,383.

The CEO position is a 3 day week post.

**8. DIRECTORS****Emoluments of the Directors**

Total emoluments as directors	<u>-</u>	<u>-</u>
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All Directors are also trustees and do not receive any benefits or remuneration for their services. Their reimbursed expenses are set out in note 2.

**ENDOMETRIOSIS UK**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2019**

9. **TANGIBLE FIXED ASSETS**

	<b>Office Equipment £</b>
<b>Cost</b>	
At 1 <sup>st</sup> April 2018	2,161
Additions	7,805
Written off	
At 31 <sup>st</sup> March 2019	<u>9,967</u>
<b>Depreciation</b>	
At 1 <sup>st</sup> April 2018	1,760
Charged for the year	650
Written off	
At 31 <sup>st</sup> March 2019	<u>2,410</u>
<b>Net Book Value</b>	
At 31 <sup>st</sup> March 2019	<u>7,556</u>
At 31 <sup>st</sup> March 2018	<u>401</u>

10. **DEBTORS**

	<b>2019 £</b>	<b>2018 £</b>
Prepayments	10,656	14,960
Accrued income and other debtors	200	11,218
Inter-company balance	1,735	-
VAT	463	-
	<u>13,054</u>	<u>26,178</u>

11. **CASH AT BANK AND IN HAND**

Bank Balances	<u>243,828</u>	<u>186,084</u>
	<u>243,828</u>	<u>186,084</u>

12. **CREDITORS: Amounts falling due within one year**

Accruals	2,520	9,600
Other Creditors	18,580	9,446
Social security costs	1,924	1,832
VAT	-	276
	<u>23,024</u>	<u>21,154</u>

**ENDOMETRIOSIS UK****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2019****13. SHARE CAPITAL**

The company is limited by guarantee and therefore does not have any share capital. The liability of the members on the winding up of the company will not exceed £1.

**14. RESTRICTED FUNDS**

	Balance 31/03/18 £	Incoming Resources £	Resources Expended £	Transfers £	Balance 31/03/19 £
Takeda	14,200	-	(2,400)	-	11,800
Hologic	-	50,000	(50,000)	-	-
Gedeon Richter	-	15,000	(15,000)	-	-
Bayer	-	15,000	(15,000)	-	-
Wellcome Trust	-	25,200	(19,112)	-	6,088
Hospital Saturday Fund	-	2,000	(2,000)	-	-
	14,200	107,200	(103,512)	-	17,888

Restricted funds represent donations and grants restricted for use on particular areas of the charity's work.

Research grants were received from Hologic, Gedeon Richter and Bayer to support our partnership project with the Royal College of GPs (RCGP) on Menstrual Wellbeing. The Wellcome Trust provided a grant towards our *Research Endometriosis Now!* conference and work to support those with the disease to understand research. Our funding from Takeda is to update the *Living with Endometriosis* booklet, which is being update based on new clinical guidelines and will be published in 2019/20.

**15. UNRESTRICTED FUNDS**

	Balance 31/3/18 £	Net Incoming Resources £	Allocation Released £	Transfers £	Balance 31/3/19 £
General Reserve	177,309	46,217			223,526
	177,309	46,217			223,526

**16. COMMITMENTS UNDER OPERATING LEASE**

The company has a licence agreement at its premises for £2,080 per month (with a two month notice period) with an inflationary increase from December each year. In addition to the above the charity has the following equipment lease commitments:

	Other	
	2019 £	2018 £
Falling due within one year	826	826
Falling due between one and five years	1,238	2,064
Falling due later than five years	-	-
	2,064	2,890

**17. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Restricted £	Unrestricted £	Total £
Tangible Fixed Assets	-	7,556	7,556
Net Current Assets	17,888	215,970	233,858
	17,888	223,526	241,414

**ENDOMETRIOSIS UK****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2019****18. GOING CONCERN**

The trustees have reviewed the financial position of the Charity, and in particular the level of reserves, and on the basis of current projections, they are satisfied that the Charitable Company remains a going concern for the foreseeable future.

**19. TAXATION**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**20. RELATED PARTY TRANSACTIONS**

There were no related party transactions during the year (2018: none).

**21. TRADING SUBSIDIARY**

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of the Endometriosis UK on 2 June 2006 (Company No: 05836007), with an issued share capital of £1. The company started trading in the current year.

Endometriosis UK Trading Limited summary results for the period ended 31 March 2019 were as follows:

**Income Statement**

	Period 1.7.18 to 31.03.19	Year ended 30.06.18
Turnover	100,000	-
Cost of Sales	-	-
<b>Gross Profit</b>	<u>100,000</u>	<u>-</u>
Administrative Expenses	(689)	-
<b>Operating Profit</b>	<u>99,311</u>	<u>-</u>
Interest	-	-
<b>Profit On Ordinary Activities before Tax</b>	<u>99,311</u>	<u>-</u>
Gift Aid	-	-
<b>Profit on Ordinary Activities after Tax</b>	<u><u>99,311</u></u>	<u><u>-</u></u>

**Balance sheet****Current assets**

Prepayments	-	-
Cash at bank	120,986	1
	<u>120,986</u>	<u>1</u>
<b>Creditors: amounts falling due within one year</b>		
Amounts due to parent charity	1,736	-
Creditors	19,938	-
<b>Net Assets</b>	<u><u>99,312</u></u>	<u><u>-</u></u>

**Capital and reserves**

Called up share capital	1	1
Profit and loss account	99,311	-
<b>Shareholders' funds</b>	<u><u>99,312</u></u>	<u><u>1</u></u>

The subsidiary company has not been consolidated.

**ENDOMETRIOSIS UK**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST MARCH 2019**

**22. COMPARATIVE FIGURES FOR THE STATEMENT OF FINANCIAL ACTIVITIES AS REQUIRES BY FRS 102**

	Restricted Funds £	Unrestricted Funds £	Total 2018 £
<b>INCOME FROM</b>			
Grants and donations	-	82,027	82,027
Charitable activities	-	183,843	183,843
Interest	-	55	55
Other income	-	168	168
Total	<u>-</u>	<u>266,093</u>	<u>266,093</u>
<b>EXPENDITURE ON</b>			
Raising funds	-	47,483	47,483
Charitable activities	7,500	145,246	152,746
Total	<u>7,500</u>	<u>192,729</u>	<u>200,229</u>
Net income/(expenditure) before transfers	(7,500)	73,364	65,864
Transfers between funds	-	-	-
Net movement in funds	<u>(7,500)</u>	<u>73,364</u>	<u>65,864</u>
Balance brought forward	21,700	103,945	125,645
Balance carried forward 31/03/2018	<u>14,200</u>	<u>177,309</u>	<u>191,509</u>