



Endometriosis Friendly Employer Scheme

Training for Employers and Workplaces

All our sessions are designed to be delivered remotely via Microsoft Teams or Zoom.

Endometriosis Champions Induction

This induction session is offered to all nominated Endometriosis Champions at Endometriosis Friendly Employers, to help equip them with all the required information to get started in their role.

Length: up to 1 hour

Sessions are held at lunchtimes on a bimonthly basis. All registered Endometriosis Champions will be sent an email invitation to induction sessions when dates are released.

Suitable for: Endometriosis Champions at organisations on the Endometriosis Friendly Employer Scheme.

Cost: Free – included in the Endometriosis Friendly Employer Administration Fee

Participants can expect to learn:

- What endometriosis is; the signs, symptoms and potential impact at work
- Overview of Endometriosis UK and support services available
- Overview of the Endometriosis Friendly Employer scheme
- Examples of how to progress the scheme within the workplace

Endometriosis UK can provide additional training for your organisation. Below are some examples of the types of sessions we deliver; please get in touch to discuss your requirements in further detail.

Team training session: Endometriosis and the Workplace

This one-hour bespoke session to provide key members of staff with an overview of endometriosis and key considerations in the workplace.

Suitable for: Team managers, supervisors, HR and wellbeing staff **Length:** 1 hour

Capacity: 5-30 participants

Cost: £450+VAT

Participants can expect to learn:

What endometriosis is; signs, symptoms, diagnosis



- The potential impact of endometriosis at work
- How to support staff living with endometriosis

The exact session format will depend on participant numbers; we aim to include a Q&A and other interactive activities where numbers allow.

In-depth training: Endometriosis and Workplace Best Practice

This session is intended to provide a comprehensive guide to endometriosis and best practice considerations that are tailored to the context of your workplace. It can be provided in isolation or to build on a shorter, 1-hour training session.

Suitable for: Team managers, supervisors, HR and wellbeing staff **Length:** 2-3 hours

Capacity: 5-30 participants

Cost: £750+VAT

Participants can expect to learn:

- What endometriosis is; signs, symptoms, diagnosis, treatment and living beyond treatment
- The potential impact of endometriosis at work
- How to support staff living with endometriosis in the context of your organisation
- Examples of reasonable adjustments and workplace best practice

Advisory Session for Senior Management

An advisory session with the Endometriosis UK Chief Executive and representatives from your organisation's Senior Management team, tailored to your organisation and needs. The meeting could:

- Discuss the principles of the Endometriosis Friendly Employer scheme, and potential benefits to the company
- A presentation from a patient representative to show
- Discussion with your organisation's HR Team to review current policies and procedures in relation to endometriosis
- Discuss the strategic need for creating a friendly environment for employees with endometriosis and chronic conditions in your organisation
- Advise on other actions for progressing the principles of the Endometriosis Friendly Employer scheme in your workplace

Suitable for: Senior Management Length: 1 hour

Capacity: We recommend maximum 10 representatives from your organisation attend in order to enable an in-depth discussion. **Cost:** £750+VAT

These offers are available to all organisations no matter the size or structure. As each organisation will have different training needs and gaps in knowledge we encourage you to get in touch with our EFE Team at **employers@endometriosis-uk.org** to learn more about what we can do for your organisation.