

Endo the Night...

About periods & endometriosis

1. What is the average age for girls starting their periods in the UK?
2. How many eggs are normally released at ovulation?
3. How is the menstrual cycle controlled?
4. Name three common symptoms of endometriosis.
5. From what age can you get endometriosis?
6. How many days approximately during her lifetime will a woman spend menstruating?
7. Can you have severe endometriosis without pain?
8. How many stages of endometriosis are there?
9. Walt Disney made a movie about menstruation titled "The Story of Menstruation" in what year?
10. What are three support services Endometriosis UK currently offer?

Impact of endometriosis

11. What is the average time to diagnose endometriosis in the UK?
12. How is endometriosis diagnosed?
13. Name three common misdiagnoses.
14. What steps can you take if you think you have endometriosis?
15. How much working time on average is lost as a result of endometriosis?
16. How much does endometriosis cost the UK economy each year?
17. How can endometriosis be treated?

Interesting facts about endometriosis

18. There is academic research suggesting that women with endometriosis are more attractive- true or false?
19. When was endometriosis first discovered and by whom?
20. Name 3 celebrities who have talked about having endometriosis.
21. How many free support groups do Endo UK run?
22. What can friends and family do to help?
23. What does BSGE stand for?
24. How many BSGE Accredited Centres are there in the UK?
25. How else can you support Endometriosis UK?

providing support increasing understanding