Endometriosis UK

Annual report and audited financial statements for the year ended 31 March 2026

Company no. 02912853

Charity no. 1035810

OSCR no. SC051651

Information Classification - Non-business

Contents

For the year ended 31 March 2026

This Trustee and Directors' report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of those Endometriosis UK has helped, in addition to financial summaries and analysis.

	Page
Reference and administrative information	2
Trustees' annual report	4
Independent auditor's report	25
Statement of financial activities (incorporating an income and expenditure account)	29
Balance sheet	30
Statement of cash flows	31
Notes to the Financial Statements	32

Reference and administrative information

For the year ended 31 March 2026

Endometriosis UK is a company limited by guarantee and a registered charity.

Company number	02912853		
Country of incorporation	United Kingdom		
Country of registration	England & Wales	Charity Number	1035810
Country of registration	Scotland	Charity Number	SC051651

Registered office and operational address 10 – 18 Union Street, London SE1 1SZ

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Liz Campbell	**Chair**
Tracey Hammonds	**Treasurer**
Catherine Nestor	**Vice Chair**
Sanchia Alasia	
Jenny Bullis	
Nick Burke	
Anne Connolly	
Andrew Horne	
Emma Prach	
Cassia Rowland	
Fevzi Shakir (From 28 April 2025)	
Jenny Turner (From 15 September 2025)	

Endometriosis UK has a skills-based Board of Trustees, and Trustees are recruited in order to ensure that the Board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are appointed for a term of three years which is renewable once. Trustees may serve a maximum of six years on the Board.

Company Secretary Emma Cox, CEO Endometriosis UK

Key management personnel Emma Cox, Chief Executive

Bankers
CAF Bank Limited
PO Box 289
Kings Hill
West Malling
Kent ME19 4TA

Solicitors
McDermott Will & Emery
22 Bishopsgate
London EC2N 4BQ

Auditor
Godfrey Wilson Limited
Chartered Accountants and Statutory Auditors
2nd Floor – South
One Castle Park
Tower Hill
Bristol
BS2 0JA

Medical Advisory Panel

Kirana Arambage, Consultant Gynaecologist, John Radcliffe Hospital, Oxford

Professor Christian Becker, Senior Clinical Research Fellow, John Radcliffe Hospital, Oxford

Dr Sharon Dixon, GP and NIHR Doctoral Research Fellow and General Practitioner, Oxford University

Emma Evans, Clinical Psychologist, University of Oxford

Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Shaheen Khazali, Consultant Gynaecologist and Endopelvic surgeon

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

Fevzi Shakir, Consultant Gynaecologist, Royal Free London

Claudia Tye, Endometriosis Specialist Nurse, Guys and St Thomas

Arvind Vashisht, Consultant Gynaecologist, University College London Hospital

Dr Katy Vincent, Associate Professor, Senior Fellow in Pain in Women, John Radcliffe Hospital, Oxford

Our Medical Advisory Panel provides expert advice and guidance on all our work relating to medical information. A very big thank you for their hard work and dedication in supporting the endometriosis community.

The Trustees present their report and the audited financial statements for the year ended 31 March 2026. Reference and administrative information set out on pages 2 and 3 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association, the requirements of a directors' report as required under company law, and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Trustees' Annual Report

About endometriosis

Endometriosis occurs when cells similar to the ones in the lining of the womb (uterus) are found elsewhere in the body. These cells can grow and change in response to hormones in the menstrual cycle, which can cause inflammation, pain and scar tissue. Endometriosis is most commonly found on the lining of the pelvis (peritoneum) and may occur in the ovaries and involve other pelvic organs, like the bowel or bladder. Less commonly, endometriosis can also be found outside the pelvis, such as in the chest. An estimated 1.5 million women and those assigned female at birth in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease, although the impact may be felt for life. Whilst for some symptoms are mild, for others it can be debilitating. We do not know what causes the disease and there is no cure.

Common symptoms of endometriosis include pelvic pain, painful periods that interfere with everyday life, heavy menstrual bleeding, pain during or after sex, painful bowel movements, pain when urinating, difficulty getting pregnant and fatigue. Many with endometriosis also experience significant bloating around the time of a period. However, bloating can also be common for those without endometriosis and bloating that does not go away can be a symptom of other health conditions. Symptoms vary from person to person, some may have severe and debilitating symptoms, others may have no symptoms at all. Symptoms are not always related to the location, amount or the type of endometriosis.

Whilst there is no cure for endometriosis, treatment and management options aim to reduce the severity of symptoms and improve the quality of life for those living with the condition. There are different types of medical treatments used for the management of endometriosis, including pain management, hormone treatment and surgery.

Traditionally, laparoscopic surgery with biopsy has been considered the definitive way of diagnosing endometriosis. However, advances in medical imaging (ultrasound and MRI) are now used by some skilled and trained healthcare practitioners to identify potential endometriosis and plan surgery. It's important to remember that a negative scan does not rule out endometriosis. Unfortunately, it's a postcode lottery as to whether you are seen by someone trained in endometriosis and gynaecological imaging, something we're campaigning to end.

Whilst for some we know that diagnosis is achieved in a year or less, for the majority it can take far too long, with multiple visits to healthcare practitioners before symptoms are recognised. Our diagnosis data from March 2026 shows that it takes on average 9 years and 4 months to receive a diagnosis, and for those from ethnically diverse communities this increases to 11 years. In addition, 39% of respondents reported needing to visit their GP 10 times or more before endometriosis was suspected, and whilst 55% of respondents attended A&E with symptoms - 46% of these were sent home without treatment.

Without a diagnosis and access to treatment, not only can the disease progress, but it may impact every aspect of someone's life, including physical and mental health, careers, education, and relationships. It's important not to forget the impact endometriosis can have on partners, family members and other personal relationships.

We recognise that it's vital everyone recognises the symptoms of menstrual health conditions and how and when to seek help. Because many with endometriosis also have adenomyosis, our work covers both diseases, and we work to ensure wider menstrual health is the political priority it needs to be.

All those affected by endometriosis and other menstrual health conditions deserve support, and Endometriosis UK exists to provide support for all those affected by menstrual health conditions, including endometriosis, and advocate for change so that everyone receives the right support at the right time.

Foreword



Liz Campbell – Chair



Emma Cox – CEO

We're proud to share with you our 2025-2026 Annual Report. This year marks the first year of our new organisational strategy, which reflects our values and vision as a charity – bold, ambitious, and keeping those with endometriosis at the heart of everything we deliver.

This annual report outlines all we have already achieved towards our goals around tackling diagnostic delays, improving care and support, and amplifying the voices of those affected by endometriosis. We've also made significant strides to reflect our ongoing commitment to equality, diversity and inclusion – ensuring that nobody with endometriosis is left behind.

We are incredibly grateful to everyone who has been involved in Endometriosis UK this year. Our work is not possible without our amazing volunteers, Trustees, supporters, fundraisers, funders, and staff.

Our volunteers are at the heart of Endometriosis UK, and we are incredibly grateful for their time, expertise, and tenacity. This year alone, our volunteer-led support services supported 31,000 people through face-to-face and online meetings, and our volunteer-led helpline; and at the end of this reporting period, we have 209 active trained volunteers. Many of our volunteers have also been generous in sharing their stories with the media, and together with our community, we have continued to raise the profile of endometriosis with the general public. It is thanks to the strength and bravery of the endometriosis community that we can drive real change.

We reached a milestone with our nurse-led helpline which marked its first anniversary in January. This year the service has directly supported 1,921 people through our email and telephone service. Feedback from callers has been a constant reminder that there is so much in the system that needs to change, including continued challenges in accessing a diagnosis and care. Our online symptom checker which produces a letter for your GP tailored with your symptoms has been viewed by 122,758 individuals.

The need for change was highlighted through our two most recent reports. *The state of endometriosis care in the UK: a roadmap for reducing diagnosis times and improving access to care*, launched during Endometriosis Action Month, March 2026. The report highlights that it now takes on average 9 years and 4 months to get a diagnosis of endometriosis in the UK, up from 8 years in 2020. Far too many are still being dismissed, ignored and not taken seriously. Our latest research with charity Cysters highlights that for those from ethnically diverse communities, length of diagnosis rises to an indefensible 11 years. These inequalities must not be ignored. Produced in partnership with Cysters, our report *Disbelieved, Dismissed, Delayed Endometriosis Diagnosis - Inequalities in Ethnically Diverse Communities* only cements our motivation and commitment to drive down diagnosis times and reach our goal of reducing diagnosis time to an average of a year or less by 2030, improve access to care, and provide support services and information that meet the needs of those affected by endometriosis.

Despite these statistics, we must not lose sight of the hope that is on the horizon through research, policy developments and improvements in information and support. Over the year we have seen increased coverage of endometriosis – with 850 news articles discussing endometriosis during Action Month in March alone - and we're starting to see this momentum influencing Government commitments and action. In March the APPG on Endometriosis, which Endometriosis UK provides Secretariat for, launched an Inquiry into Endometriosis in the Workplace, an opportunity for the community and employers to improve practices at work.

Our Endometriosis Friendly Employer (EFE) scheme continues to grow – ending the reporting period with 193 employers signed up to the Scheme. It's encouraging to see so many workplaces taking positive steps to support those with endometriosis to thrive at work.

Over the next 12 months, we will continue to fight for change and expand our support services and information to ensure that nobody with endometriosis and other menstrual health conditions is left without the support and care they need. This includes getting it right for young people. If we are to change the lives of the next generation, we must get our work with young people right, and we look forward to continuing this work over the coming years. Over the next year, we'll be attending even more freshers' fayres to reach university students, producing up to date and age-appropriate resources for young people and parents as well as teachers, and expanding our education outreach.

We will continue our work in the research space – recognising that research is vital if we are to improve the lives of all those affected by endometriosis, through ensuring patients are at the heart of research projects and continuing our work as part of a European-wide project – EUmetriosis.

We hope you'll join us on our journey to achieving change for the 1.5 million women and those assigned female at birth with endometriosis.

Liz Campbell
Chair

Emma Cox
Chief Executive

Purposes and aims

The aim of the annual report is to review the charity's aims, objectives, and activities each year, and share with our supporters what you have helped us achieve. We're incredibly proud of everything we have achieved together but know there is much more to do.

The Trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review helps the Trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives that have been set in our organisational strategy.

The charity's key activities and who it tries to help are described below. All its charitable activities are undertaken to further Endometriosis UK's charitable purposes for the public benefit, and focus on:

- Support for everyone living with endometriosis
- Information and supporting research
- Raising awareness and campaigning
- Resourcing the organisation so that we can deliver more

The 2025 – 2030 strategy focuses on four strategic goals:

- Reducing diagnosis time to an average of a year or less by the year 2030
- Access to high quality, effective management and treatment
- Supporting everyone with endometriosis to live well, at every stage of their life
- Providing hope for the future through supporting research

Achievements and performance

Key achievements

Support for those living with endometriosis

Delivering support

Our volunteer-led support services continue to be a core part of how we support the endometriosis community. Our peer-led support services are run by a team of incredible volunteers who offer their time and commitment to the charity. This year, Endometriosis UK volunteers delivered face-to-face, online and phone support to 31,000 people. Our support team has trained 76 new volunteers, bringing our total number of active volunteers to 209. Our volunteers are also invaluable in supporting charity events, fundraisers, sharing their stories with the media and in Parliaments, and in supporting research.



In January, we marked a year of our nurse-led support line – a new development in how we deliver information and support to the endometriosis community. We know from feedback from service users that our nurse-led support service has already been

a hugely valued resource to the endometriosis community, offering endometriosis specialist advice through a telephone and email service. This year we supported 1,921 people on a broad range of enquiries from seeking a diagnosis to recovering from surgery and symptom management. We have adapted the service to meet community needs – learning and adapting as we go – and following feedback from the community our support line is now open three evenings a week to reach even more people who need us.

We are reminded every day of why this support service exists.

"Thank you so much for your helpful advice. This has been so very useful, and I really appreciate you taking the time to understand my concerns. I feel like there's a way forward now"

During the year, we built on our Equality, Diversity and Inclusion work. We held focus groups with several community groups, transgender and non-binary communities, Black communities and Asian communities, to identify how we can better support them. We held an event for black women with Special Lady Awareness, focusing on 'advocating for yourself'. We ran several events with the Asian Resource Centre to provide menstrual health support to Asian communities in South London.

We held information stands at 5 Pride events across the UK in 2025, spreading awareness, offering advice, and making new connections to LGBTQ+ organisations across the country. We ran our Endometriosis and Transgender Care webinar in partnership with Gendered Intelligence, offering tailored support and advice about navigating and advocating for inclusive care.



In June, we held our Volunteer and Trustee Engagement Event. The event brought our trustees and volunteers together to discuss how all our roles each have a part to play in delivering the new strategy. We also focused on how we can best support volunteers in their roles to live well.

All volunteers, as well as staff, are required to adhere to Endometriosis UK's safeguarding policy, which aims to protect vulnerable people across all aspects of our work.

Highlights of the last year include:

- 1,321 Nurse-led Support Line calls
- 600 Nurse-led Support Line emails
- 3 Living with Endometriosis Days, hosted in Cardiff, Aberdeen and Manchester
- 194 individual support group meetings held
- Over 3,880 support group attendees
- 3,521 calls to our volunteer-led helpline
- 1,920 webchat conversations
- 38,848 active members of the Health Unlocked forum
- 11,321 supportive conversations on Health Unlocked forum
- 45,052 views on the 'Get Support' and 'support Group' pages of our website
- 19 webinars delivered with 2,441 live views and 13,169 views on YouTube



Supporting our volunteers

This year, we supported all our 209 active volunteers through regular volunteer network meetings, training opportunities and regular check-ins. The wellbeing of our volunteers remains our priority.

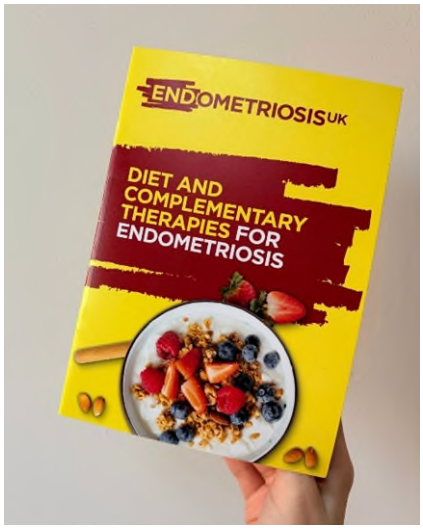
"I always feel really supported by the volunteer team. The network calls have helped me meet other volunteers nearby, it's good to meet new people to chat with"
Endometriosis UK Volunteer

"The trainers were fantastic, I learned so much and have much more confidence after this session."
Trainee Volunteer

Future plans:

- We aim to expand our nurse-led support line to reach more people that need our support.
- Deliver mental health first aid training opportunities to our volunteers.
- Successfully roll out our LGBTQ+ support group and introduce face-to-face support for those from Black and Asian communities.

Providing high quality and up to date information



Our symptom checker remains an incredibly valuable tool for supporting those without a diagnosis. It is an online tool that assists those who may be experiencing symptoms of endometriosis to help aid discussions with GPs by generating a letter for individuals to take to their GP. In the year this was accessed by 122,758 people.

We developed a range of information including on menopause, created a comprehensive guide on complementary therapies and diet, and produced our guide to endometriosis and transgender care. We worked in consultation with young people to help us in developing our targeted information for young people, which will be published shortly.

We have embedded the principles from the Patient Information Forum into our new Information Production Process.

"This is so vital, it was so hard to find accurate info when I was first diagnosed years ago."
Feedback for our Diet and Complementary Therapies booklet

Future plans:

- Increase health information video content to improve accessibility to our resources.
- Translate more of our core resources into community languages.
- Create an Easy Read version of our 'Understanding Endometriosis' guide.
- Launch our information resources for young people, their parents, and educators.

Supporting endometriosis in the workplace



Our work to support those with endometriosis in the workplace remains a key priority. As well as campaigning for policy change with Governments in this area, our Endometriosis Friendly Employer Scheme (EFE) continues to grow, with **78** new members joining this year, bringing the total to **193** organisations committed to becoming endometriosis friendly. New members include Aston University, Bar Standards Board, Cardiff Council, Danske Bank, Greater Anglia Railways, Hewlett Packard, Humberside Police, the Information Commissioner's Office, Lenovo, and many more.

Following a revision to membership pricing, including a reduced fee for NHS employers, we secured an additional five ambulance services (Scottish, Welsh, London, West Midlands and Yorkshire) and three further NHS organisations (NHS Forth Valley, Moorfields Eye Hospital and NHS Shetland). These new members represent an additional **186,734 employees**, bringing the total workforce reached by the scheme to **530,992.**

As part of the scheme, employers nominate endometriosis champions to provide visible, accessible support for colleagues. This year, we trained **303 new champions**. In response to member feedback, we introduced informal, sector-based drop-in sessions to support champions and encourage the sharing of best practice. For example, our Emergency Services session led to several police forces sharing practical guidance on uniform adjustments for operational roles.



We delivered two successful EFE events during the year: one in Glasgow, featuring BBC Radio Scotland journalist Fiona Stalker and attended by over 60 guests, and our Action Month event with Hannah and Anton Du Beke, attended by 85 guests, including many EFE members and prospective organisations considering joining the scheme.

Alongside our EFE scheme, we support workplaces on wider menstrual health initiatives. Whilst endometriosis remains a key focus, we are seeing growing interest from organisations seeking to address a broader range of menstrual health conditions. In response, we are developing a suite of online e-learning modules to help workplaces better support their workforce. Our downloadable *Menstrual Health at Work* resources saw strong engagement this year, with over 200 downloads. In addition, we reviewed and updated our key resources — *Managing Endometriosis at Work* and *Endometriosis: A Guide to Rights at Work* — to ensure they reflect the most up-to-date information and guidance for both employees and employers.

We delivered **96 "lunch and learn"** sessions across a wide range of organisations, including Levi Strauss & Co., the London Legacy Development Corporation, and the Department for Education. These sessions supported the sharing of key information about endometriosis and helped to break the stigma surrounding menstrual health in the workplace.

Future Plans:

- Launching our CPD-certified training programme for managers and leaders.
- Developing further workplace resources and guidance covering menstrual health conditions.
- Expanding our existing lunch and learn programme.
- Increasing access to information and educational opportunities through webinars and digital content.

Research



This year marks the second year of the EUmetriosis project, funded through an EU Horizon Fund Grant. The EUmetriosis project is a multi-country project that aims to address unmet needs related to endometriosis and advance patient care. It combines social research, clinical research, and patient and public involvement (PPI), and will run for a total of 5 years. Endometriosis UK is leading on PPI along with our sister associations in the Netherlands and Croatia, plus on public communications. This year we have helped organise a PPI meeting in Croatia bringing together patients and researchers, and attended a General Assembly meeting in Brussels. More details can be found on our website, and the new EUmetriosis website.

We are pleased to be involved in a range of research projects with universities across the UK. Research into endometriosis is vital to find out more about the disease. Only through research will we find out more about the cause of endometriosis, how to better treat and manage it, the support people might need, and, one day, a cure. We have partnered with university researchers and clinical trials teams to provide Patient Public Involvement and Engagement (PPIE). We ensure the views of those with the disease are included in the research design and implementation, and support recruitment and participation in a number of research projects aimed at improving the lives of those living with endometriosis.



During the year, we provided support for a range of research applications. For some we are co-investigators on the projects, ensuring the voice of those with endometriosis is at the heart of the research being developed. We have provided advice, undertaken surveys, reviewed materials, written letters of support for applications, and supported funding bids, some of which take several months to hear an outcome. It has been a challenging time for clinical trials and medical research into endometriosis, with the long delays and waiting times for appointments and surgery impacting on activities that can take place. We continue to work closely with other research teams to support their activities and recruitment.

We have attended and spoken at several research conferences including the World Congress on Endometriosis to ensure patient voices remain at the heart of research projects. We continue to provide Secretariat to the Worldwide Endometriosis Organisations, a coalition of national endometriosis societies established to foster collaboration, advocacy, and education across countries

Future plans:

- Continue to provide PPI (Patient and Public Involvement) support for research.
- Campaign for more investment in much needed research.
- Identify gaps in knowledge and opportunities to undertake our own research, for example on experiences of diagnosis, treatment and care.
- Continue to provide up to date and accurate information about research to the endometriosis community, including through the media and our own digital channels.

Awareness and campaigning



Raising your voices with Governments

We have continued to step up our campaigning and lobbying efforts across the UK to make endometriosis and menstrual health the political priority it needs to be. We'd like to say a special thank you to the team at Cysters for partnering on a report to highlight the unacceptable wait those from ethnically diverse communities face in accessing care, and taking this work to Parliament by jointly hosting a roundtable attended by Ministers, MPs and healthcare practitioners, to bring this issue to the forefront. Our joint report which showed it currently takes on average 11 years for those from ethnically diverse communities to receive a diagnosis highlighted the stark and unacceptable inequalities many face, and the urgent need for change. We look forward to continuing this important work in the years ahead.

This year we have seen increased interest and engagement from Governments across all four nations of the UK to raise awareness and call out the unacceptable delays in accessing care. This has included Northern Ireland appointing its first regional Clinical Director for Elective Care to tackle gynaecology waiting times, the Scottish Government publishing Phase Two of the Women's Health Plan and setting out plans to drive down endometriosis diagnosis times and improve access to care, Wales continuing its work on the Women's Health Action Plan, and a high profile Select Committee Inquiry in Westminster calling out medical misogyny and calling for changes to endometriosis care. It's clear that, with thanks to our inspirational community, our voices are finally starting to be heard.



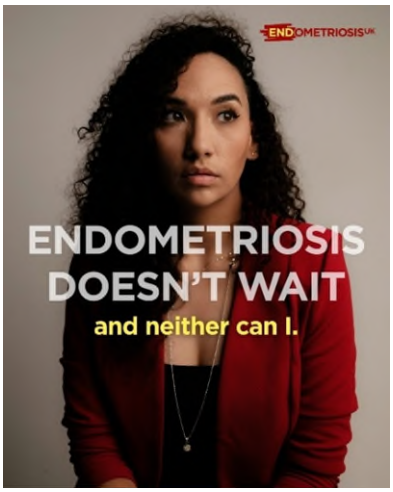
We have continued to increase our e-lobbying efforts and during this reporting year, 4,065 emails have been sent to parliamentarians. Thanks to the efforts of thousands of campaigners, during the year there were over 250 mentions of endometriosis and menstrual health across all 4 nations through Parliamentary written and oral questions, debates, and committee mentions. We have contributed to numerous parliamentary debates and policy reports that have been published this year. This year we were proud to be invited to give oral evidence to the Women and Equalities Committee (WEC) Inquiry into 'reproductive conditions amongst girls and young women', the first time Endometriosis UK has been invited to give oral evidence to a Select Committee Inquiry. We were particularly pleased, that following giving evidence, the Select Committee dropped the term "reproductive conditions" from its Inquiry name, which is a problematic phrase as it automatically links endometriosis to fertility.

Other major campaign and policy highlights that we have contributed to include:

- NHS England announcing that menstrual health conditions, including endometriosis, will be one of the priority areas supported by a new NHS Online Hospital, due to launch in 2027.
- Following pressure from Endometriosis UK, the National Institute for Health and Care Excellence (NICE) recommended a new fertility treatment pathway for endometriosis. The updated fertility guideline includes a brand-new section specifically for those with endometriosis who are struggling to conceive.
- We have continued to provide Secretariat to the APPG on Endometriosis, which has included the launch of a new APPG Inquiry into Endometriosis in the Workplace.

- In February, we launched a new campaign as an exclusive news piece across ITV regional and national news channels to call for better menstrual health training, including on endometriosis, for healthcare practitioners.
- We attended the Labour and Conservative Party Conferences in 2025, to build connections and relationships with parliamentarians and highlight the urgent need to improve care.
- We welcomed the new NHS initiative called Jess's Rule, which urges GPs in England to 'think again' if they see a patient three times and cannot identify a diagnosis, or find symptoms are getting worse.
- We have contributed and responded to numerous policy consultations across a broad range of policy areas including employment, education, and health. We continue to engage our supporters to ensure policy consultations reflect the needs of the community.
- We hosted a roundtable discussion in Parliament with MPs on the NHS 10 Year Health Plan and the opportunities it brings to improve endometriosis care.
- We were elected as Secretariat to the All-Party-Group on Women's Health in the Northern Ireland Assembly in January 2026.

Endometriosis Action Month



Endometriosis Action Month in March remains a high-profile month for Endometriosis UK, and this year was no exception. In March 2026 we launched a new report, *The state of endometriosis care in the UK: A roadmap for driving down diagnosis times and improving access to care* which included a series of recommendations for how all 4 nations must improve diagnosis and care. The report highlighted that, shockingly, diagnosis times have increased to an average of 9 years and 4 months, up from 8 years in 2020. On the back of this we launched a new campaign, 'Endometriosis Doesn't Wait', which resulted in over 1,000 emails sent to parliamentarians, Endometriosis UK launching the report in person in each nation and meeting 107 parliamentarians, and over 1,000 emails sent by campaigners to their local representative – reaching 462 MPs.







Future plans:

- We will continue to work with parliamentarians, government departments, and relevant government bodies, providing up to date evidence and information to help aid political decisions.
- Expand our e-lobbying efforts, increasing opportunities for local campaigners to write and meet with their elected representatives.
- Following the Wales and Scotland elections in May 2026, we will build relationships with newly elected parliamentarians to ensure endometriosis and menstrual health are a political priority.
- Continuing to support the APPG on Endometriosis as Secretariat in Westminster, including supporting the Inquiry into endometriosis and the workplace.

Raising awareness with the media and across digital channels



We are incredibly grateful to those with endometriosis who have bravely shared their story with the media, and in total there have been 2,709 pieces of news coverage during this reporting period referencing Endometriosis UK. Highlights included an exclusive investigation with the Metro which found that women as young as 17 are being told to "get pregnant to cure endometriosis symptoms", an exclusive launch of a campaign with ITV News to call for mandatory effective menstrual education for healthcare practitioners, and featuring on BBC Breakfast, BBC Sport, ITV News, Channel 5, Sky News, amongst others, to raise awareness, highlight the impact of the disease, and call for change across Governments.

This level of awareness has a positive impact which in part can be measured through a significant increase in public awareness and knowledge of endometriosis. In 2020, a Censuswide poll of 2,000 individuals found that just 38% of people aged 18-24 had heard of endometriosis; in 2026, that stat is now 62%, an increase of 24%. Of all ages amongst the general public, awareness has increased from 46% in 2020 to 80% in 2026, a 34% increase in what percentage of people know what endometriosis is and can name common symptoms.

329 stories have been submitted via our 'share your story' forms, and we continue to put people's stories at the heart of our media work to raise awareness, break down barriers, and drive change. These stories have been shared across social media, in policy and fundraising reports, and with local and national media.



On social media, we now have a total of 179,660 followers across all platforms, up by 18.7% from last year, and we've reached a total of over 7.5 million people across our social media platforms.

On our website, our total website visits have reached 2,410,433, up by 18.5% on last year. Our most visited pages for this reporting period by unique users are the symptom checker which has had 122,758 unique users, 'what is endometriosis' with 58,683 unique views, and 'treatment and management' with 34,767 unique views. During Endometriosis Action Month alone, our website was viewed 291,382 times and reached 54,724 new users.

We have increased our support to volunteers who share their story, including delivering 4 media training sessions.

Future plans:

- Continue to work with the media to share people's stories and the charity's expert opinion on endometriosis and menstrual health.
- Focus on social media content aimed at younger audiences with a particular focus on educational content on Tik Tok.
- Refresh the Endometriosis UK Website based on feedback on user experience, data and surveys to create a more streamlined, user-friendly experience.

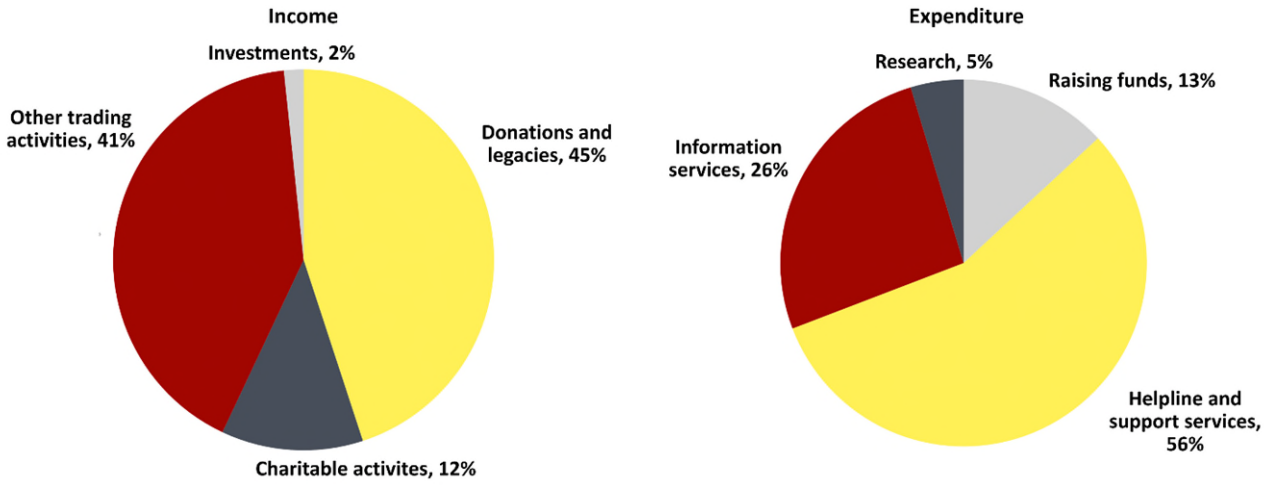
Resourcing

During the year we launched our new five-year strategic plan, strengthening our ambition and resolve to ensure that everyone living with endometriosis receives a prompt diagnosis, high-quality care, and the support they need.

Our staff team continued to grow, with new permanent roles across policy, fundraising and communications enabling us to expand our reach and impact. We have increased capacity within our Nurse Helpline service, positioning us to support more people and deliver even more for the endometriosis community in the year ahead. Behind the scenes and as the organisation has grown, we have developed and strengthened our systems and processes.

We have continued to diversify our income and have had another strong year for community fundraising, alongside generous contributions from companies and individuals. Income from Trusts and Foundations has doubled compared to last year, reflecting growing confidence in our work and mission.

We were delighted to receive support from a number of funders and partners, including the Garfield Weston Foundation, The National Lottery, Bloomberg, Lil-lets, Simplyhealth, and Time of the Month (TOTM). This support has been vital in sustaining our core services, including volunteer training and resources, information provision, our Specialist Nurse Helpline, and our awareness-raising activities.



Future plans

- Continue to resource and deliver our five-year strategy (2025–2030)
- Implement our digital transformation project to ensure we have the tools and capabilities to support more people affected by endometriosis
- Continue to grow public fundraising, including individual giving, community fundraising, and challenge events
- Diversify our fundraising streams to strengthen future income
- Build and strengthen relationships with trusts, philanthropists and grant-making organisations to enable us to deliver more projects supporting those affected by endometriosis

Supporters

We fundraise in diverse ways alongside raising as much awareness as possible, and our main fundraising activities include:

- Sponsored Challenge Events
- Our flagship Fundraising Challenges including Walk for Endo and Go Yellow!
- Supporting fundraisers with their own fundraising events e.g. bake sales and gala dinners
- Applications to Trusts, Foundations and Grant Giving organisations
- Email marketing to supporters who have opted in to receive fundraisers news and appeals
- Social media campaigns
- Working with carefully selected companies through Commercial Participator Agreements when necessary

We are incredibly grateful to our community of supporters, whose commitment continues to make our work possible. This year, more than 1,000 people took part in our flagship challenges Walk for Endo, Winter Walk for Endo, Go Yellow! Endo the Night, Tea for Endo, and the 1 in 10 Challenge, raising over £199,053. This represents a 56% increase on last year's flagship fundraising total, reflecting both the growing reach of our campaigns and the dedication of those who support them.



Action Month was another standout success, with workplace fundraising doubling compared to the previous year. A total of 124 workplaces hosted events, helping to raise vital funds while also increasing awareness, breaking taboos, and tackling stigma around endometriosis. We were particularly encouraged to see participation from well-known organisations including Lloyds Bank, Royal Mail, JD Sports, and several NHS hospitals, whose teams brought colleagues together through activities such as Tea for Endo and Go Yellow!



In addition, many supporters organised their own creative fundraising activities to champion our work. During Action Month, Molly from Yorkshire, supported by her employer First Events, hosted a gala dinner which raised an impressive £11,331. The event was attended by our CEO, Emma Cox, who delivered a speech on the impact of our work.

Individual challenges made a significant contribution to both fundraising and awareness. Jonathan undertook a remarkable run from London to Edinburgh, raising over £5,000 while engaging audiences across the country.

"Thank you for all the amazing work you do to support people, like myself, affected by endometriosis. It means a lot to be able to contribute in some small way."
Endometriosis UK Fundraiser



We were proud to support a team of 14 Consultant Gynaecologists and healthcare practitioners who completed a cycle from Carlisle to Leeds in support of their patients, while also raising funds and generating wider awareness of endometriosis.

It was a strong year for Challenge Event fundraising, with income increasing by 33% compared to the previous year to £345,639, and almost 300 participants taking part in a wide range of events. These included the Great North Run, ASICS 10k, Royal Parks Half Marathon, Cardiff Half Marathon, London Landmarks Half Marathon, Brighton Marathon and Edinburgh Marathon, among many others. Despite having no charity places in the London Marathon, we were pleased to have 25 people with ballot places running in aid of Endometriosis UK.



In October, we participated in The Big Give Women and Girls Match Funding Campaign and were pleased to raise £23,376, with donations from 218 individuals, compared with 105 the previous year. The campaign focused on improving education and awareness for young people, supported by a campaign video featuring powerful real-life stories from women of all ages living with endometriosis, highlighting how little has changed over time. We are grateful to all those who donated and supported the campaign.

As a supporter-focused charity, we understand that all our achievements to support those impacted by endometriosis would not be possible without the generosity of our amazing supporters. We are committed to fundraising in an honest and transparent way. We are registered with the Fundraising Regulator and pay an annual levy to support its work. We adhere to the Code of Fundraising Practice, and our supporter promise remains at the heart of all our fundraising. When fundraising for Endometriosis UK you can be sure that:

- **We are clear, honest and open -** we tell the truth and do not exaggerate
- **We are respectful -** we treat our supporters respectfully and respect your rights and privacy. Your data is safe with us; we will never sell or share your data to a third-party organisation. We will never bombard supporters or put anyone under pressure to donate
- **We are fair and reasonable -** we take care not to use any images or words that intentionally cause distress or anxiety
- **We are accountable and responsible -** we will never knowingly solicit donations from vulnerable people. We do all we can to ensure that our supporters comply with fundraising regulations and this promise

At Endometriosis UK we have not engaged any professional fundraisers to raise funds on behalf. The charity established Commercial Participator Agreements with all sole traders and businesses known to be fundraising for Endometriosis UK and monitored the activities of those fundraising by reviewing proposed messaging and products, and social media monitoring. There were no known failures to comply with the code of the Fundraising Regulator, and no complaints were received regarding staff, volunteers or individuals fundraising for Endometriosis UK. Our fundraising activities are closely monitored by the Finance Committee, which reports to our Board of Trustees.

Future Plans

- Continue to provide excellent stewardship to all our supporters

- Increase participation in events and opportunities to engage with and support our work
- Deliver a varied and engaging year-round calendar of fundraising events, including the introduction of a new swimming challenge, *Swim for Endo*
- Support more workplaces to fundraise and raise awareness
- Grow our Regular Giving programme and explore new ways for individuals to support our work, ensuring a diverse and sustainable fundraising portfolio

Beneficiaries of our services

Our beneficiaries include all those with or impacted by endometriosis.

Endometriosis UK is committed to supporting and advocating for everyone affected by endometriosis regardless of race, gender, sex, gender identity, class, sexual orientation or disability and ensuring diversity. Everyone affected by endometriosis needs to be acknowledged, and we know that we must do more to identify the needs of all those affected by endometriosis, develop, maintain, and evaluate our work to meet those needs and advocate for necessary change and ensure all voices are heard. We know that there are additional complexities in accessing healthcare and support for those from Black, Asian and minority ethnic communities, and for the LGBTQ+ community.

We are taking steps to actively ensure we drive change for those from under-represented groups. The Board's Diversity & Inclusion Group continues to take this work forward. We have a Community and Involvement Officer to build relationships and seek out partnerships with grassroots, community and faith-based groups to ensure that our services are shaped by the voices and needs of the people we support.

We'd like to say a huge thank you to Cysters, who have supported our work in helping us understand the challenges faced by marginalised groups and amplify the voices of everyone in the endometriosis community. Their work is invaluable and of great support to Endometriosis UK's work.

Finances and Governance

Finance and Governance

The Board of Trustees oversees the charity's finances. To support the Board, the Finance Committee meets regularly, chaired by our Treasurer.

For the financial year 2025/26 we planned a significant increase in our expenditure so that we could improve support to the endometriosis community and have a louder voice for the community. We were able to do this due to increasing income over prior years and building our free reserves, enabling sustainable expansion.

Once again Income increased significantly this year to £1,776,861, up from £1,506,848 in 2024/2025.

Expenditure increased to £1,812,673 in 2025/26, up from £1,439,524 in 2024/25. Planned spending was undertaken focusing on where we identified most long-term impact for our beneficiaries, notably around our helplines, support and information services, education and awareness.

Expenditure is regularly reviewed and carefully monitored. During the year, new investment included the Nurse-led helpline and the development of new support groups, alongside a significant increase in our policy and campaigning work. All of these aim to improve care, support and outcomes for those with endometriosis.

Further expansion of our work is planned over the next year, including working closely with teachers, educators, colleges, universities, and community groups to develop resources and raise awareness of menstrual health conditions among adolescents and teens. We will continue our work with employers and employees to better understand the impact of endometriosis in the workplace, while expanding our information provision, strengthening our support network, and increasing our campaigning and awareness activity. In addition, we will develop more information resources in a range of formats, including tailored

materials for parents and young people, and create more information videos to improve accessibility and reach. Our office space is at the Royal College of Obstetricians and Gynaecologists, and we are part of a hub for women's health charities enabling us to collaborate with the Royal College and other charities with similar interests.

Due to increased expenditure, we ended the year with a planned deficit, reflecting our intention to maximise available funds and invest further in support for those with endometriosis. Strong fundraising performance, driven by the generosity of our supporters and the continued development of our fundraising team, has enabled us to increase our support for those affected by endometriosis and invest further in delivering our strategy.

The main increases in income were driven by:

- Increased support from companies and workplaces
- A record number of individuals taking part in mass participation events, including the London Landmarks Half Marathon and the Great North Run
- Donations from trusts and foundations, including a major gift from The Garfield Weston Foundation
- Individual donations
- Increased participation in our flagship challenges, such as Walk for Endo and the 1 in 10 Challenge

The Trustees aim to secure diverse income streams to ensure our income is sustainable and resilient to changes in the external environment, enabling us to deliver our ambitious objectives. Through careful cost management and continued development of our fundraising, the Trustees closely monitored finances throughout the year, ensuring unrestricted reserves comfortably met our reviewed reserves policy.

As part of our planned growth strategy, we have strengthened our free reserves, supporting the sustainable growth of the organisation over the past six years. The Trustees, working closely with the CEO and Director of Development, will continue to identify opportunities to grow income and ensure funds are used effectively to maximise our impact for those with endometriosis

Principal risks and uncertainties

The charity reviews risks on a regular basis and uses a risk-based management approach to decision making. This continued in 2025/26, covering the key aspects of our work including finance, governance and management, operational, and external factors. Material risks were identified, reviewed and mitigated by the Trustees and this will continue in the year ahead. Time was spent examining strategic risks in the external environment and reviewing the strategic plan against these. Our risk statement was reviewed, and our risk register updated. The risk register is reviewed on a regular basis by staff and Trustees. A range of ten-year scenarios and financial modelling was undertaken to enable the Trustees to plan how to manage the charity, monitor progress and mitigate risks. Expenditure continues to be carefully monitored given uncertainty about fundraising income in the challenging economic climate.

Our key risks, and our mitigations for these, are:

- **Not adapting to the changing environment and not meeting the needs of the endometriosis community.** We must be a reliable source of valuable information and ensure it is available across different media. We proactively campaign for changes needed to improve the care and treatment, including those currently undiagnosed. Throughout the year we focused on providing needed support, through researching what was of importance to the endometriosis community and identifying gaps in our provision, planned and launched campaigns to improve access to treatment and care, and worked with healthcare practitioners and partners to provide current information.
- **Not having sufficient funds to deliver services and achieve objectives.** Without continued income growth, delivering our ambitious strategy will be more challenging. We are focused on strengthening our stewardship to support individual fundraisers, while continuing to diversify our income through

grants, corporate partnerships, and the expansion of our Community Fundraising portfolio, which remains our strongest-performing income stream.

- **Information technology – risk that our systems fail to meet operational needs.** IT systems are critical to our work, and as a small charity we rely on external providers for support. During the year, we commissioned a digital and AI strategy to ensure we maximise the latest technology to better support those affected by endometriosis while also upskilling our staff. We look forward to implementing this strategy in the year ahead.
- **Risk that the charity is unable to adequately safeguard vulnerable service users which may lead to harm.** We have a safeguarding policy in place, alongside out-of-hours support for volunteers and staff, and training in call handling, including supporting distressed callers.

Reserves policy and going concern

Our reserves policy is to hold unrestricted reserves equivalent to three to six months' operating costs. We hold financial reserves for practical reasons, including:

- Ensuring we can go on funding our vital work should our income fall below target. Having reserves should give us time to adjust expenditure without causing undue disruption to our projects and those we support.
- Providing working capital to meet upfront expenditure during the year before income is received.
- To provide resource for investment, e.g. developing services and ensuring we maximise our reach.

As detailed above, our free reserves have increased this year which will support the expansion of our work and ensure our sustainable growth. Free reserves as of 31 March 2026 were £1,033,157. This equates to six months of operating costs for the financial year taking account of designated funds which have been set aside for committed future projects. £14,267 of restricted funds were carried forward. We started the year in a good financial position, having worked hard over prior years to build reserves in order to expand our activities. We have cautiously expanded to ensure sustainability, with expenditure minimised whilst we ascertained the impact of inflation and cost of living challenges. The reserves level achieved is based on meeting our reserves policy over the next year as the charity grows.

The Trustees have reviewed the level of reserves and available liquid resources in the context of plans over the next 12 months, the five-year financial scenario plans, and the organisational risk assessment. The Trustees believe that Endometriosis UK has sufficient financial resources to continue in operational existence for the foreseeable future and that we are well placed to manage its operating risks successfully. They have therefore continued to adopt the going concern basis of accounting in preparing the annual financial statements.

Structure, governance and management

Endometriosis UK is a charitable company limited by guarantee, incorporated on 25 March 1994 and registered with the Charity Commission as a charity on 29 March 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In March 2021, we registered with OSCR - the Scottish Charity Regulator.

The Board of Trustees has three sub committees, Finance, Diversity and Inclusion, and Nominations. These operate to agreed Terms of Reference and with limited delegated powers from the Board.

The recruitment of Trustees is framed by an audit of the skills held by the members of the Board. Trustees are appointed by an open recruitment process using both search and advertisement as appropriate, against an agreed person profile and job specification. Shortlisted candidates are interviewed by a Nominations

Committee of the Board who make a recommendation to the Board. The AGM of the Charity confirms all appointments.

All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 8 to the accounts.

Trustee induction and training

The Board holds an annual away day to consider strategy and review its performance. This year, the Trustees explored the future direction and long-term vision of the charity over the next ten years.

During the year, the Board undertook an audit to ensure there remains the necessary skills and experience to lead the charity effectively. Opportunities for training and knowledge development are raised with the Board, for example the training offered by auditors.

Risk Management

The Trustees maintain a Risk Policy and Risk Register. At each Board meeting, they consider whether new risks have emerged or whether existing risks have changed in severity. The full risk register is reviewed regularly, with Trustees satisfied that appropriate plans are in place to manage and mitigate identified risks.

Remuneration policy for key management personnel

The salary of the CEO is agreed by the Board of Trustees, taking into account benchmarking across the sector, performance against objectives, and market conditions. Our work is dependent on voluntary donations, and we act in an open and transparent way that respects the money, time and energy given by donors and volunteers. In our commitment to openness, we disclose information about the CEO's salary within our annual report, as recommended by the National Council for Voluntary Organisations (NCVO).

Statement of responsibilities of the Trustees

The Trustees (who are also directors of Endometriosis UK for the purposes of company law) are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the group and the incoming resources and application of resources, including the net income or expenditure, of the charity and the group for the year. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and the group and which enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware.
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Auditor

Godfrey Wilson was first appointed as the charitable company's auditor at the AGM in November 2024 and again in November 2025.

The Directors annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The Trustees' annual report has been approved by the Trustees on 21 September 2026 and signed on their behalf by

Liz Campbell
Chair

Tracey Hammonds
Treasurer

Acknowledgements

We could not do the work we do without the expertise and time offered to us by our incredible volunteers, fundraisers, speakers, medical advisors and health experts. Without them, we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity.

All those volunteers who have given up their time to support people affected by endometriosis - through the Helpline, Support Groups, Webchat, and Health Unlocked - receive a special vote of thanks. Our fundraisers have also gone above and beyond this year – from marathons to skydives, bake sales or talking on a walk for endo challenge, your efforts do not go unnoticed and it's only thanks to you that we can continue this important work.

And a very heartfelt thank you to those who shared their story with the media. It is thanks to your courage in sharing your story that we can highlight why we urgently need endometriosis care to improve.

We recognise the significant inequalities faced by those from ethnically diverse communities in accessing care, and our joint report with Cysters highlighted the stark inequalities many face, and we are determined to turn this around and work together to ensure this is no longer the case. Thank you to the charity Cysters and founder Neelam Heera-Shergill, for partnering with us and supporting us on this journey.

As always, all our work is a team effort. Our staff, volunteers, members, Trustees, those with endometriosis in our wider community, their friends and family, healthcare practitioners, researchers – all of those who work so tirelessly as part of Team Endometriosis are making a huge difference where it is so desperately needed. We are grateful to those organisations who have provided expertise and support to help us raise awareness.

We are extremely grateful for the continued and new support of the funders below. We would also like to thank every individual and group who has made a donation and encouraged others to support and fundraise for us this year. We would also like to thank our dedicated staff team.

With a thank you to our funders 2025-2026

1. AO Smile Foundation
2. Barcapel Foundation
3. BDO Charitable Trust
4. Bloomberg
5. Bothwell Charitable Trust
6. CAF American Donor Fund
7. The Thomas Sivewright Catto Charitable Trust
8. Community Foundation Ireland and Bank of Ireland
9. Curtis Family Charitable Trust
10. Ethel and Gwynne Morgan Trust
11. EU Horizon
12. Fitton Trust
13. Garfield Weston Foundation
14. Gedeon Richter UK
15. Lighthouse Giving
16. Lil-lets UK Ltd
17. Northern Lights/c/o Prism The Gift Fund
18. Oak Foundation
19. Odyssey Group foundation
20. Pierrepont Charitable Trust
21. Pilkington Charities Fund
22. Sheldonia Charitable Trust
23. Simplyhealth
24. The Annett Trust

25. The Cecil Pilkington Charitable Trust
26. The Eddleston Settlement
27. The Hospital Saturday Fund
28. The Big Give Women and Girls Match Fund
29. The National Lottery Community Fund
30. The R S Brownless Charitable Trust
31. The William Allen Young Charitable Trust
32. TOTM Ltd
33. Vitol Foundation
34. Westfield Health
35. Whitaker Charitable Trust

We would also like to thank McDermott, Will and Emery who provide pro bono legal advice and services to Endometriosis UK. Their help has been invaluable in helping us progress our work as a charity.

Get involved

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: www.endometriosis-uk.org/get-involved.

If you would like to hear what we are up to throughout the year, sign up for our regular e-update.

Contact

Endometriosis UK
10 -18 Union Street, London SE1 1SZ
Tel: 020 7222 2781 Helpline: 0808 808 2227
www.endometriosis-uk.org/contact-us

Instagram endometriosis.uk
Facebook www.facebook.com/endometriosis.uk.org
X @EndometriosisUK

Independent auditors' report

To the members and the trustees of

Endometriosis UK

Opinion

We have audited the financial statements of Endometriosis UK (the 'parent charity') and its subsidiary (the 'group') for the year ended 31 March 2026 which comprise the consolidated statement of financial activities, consolidated and parent charity balance sheets, consolidated statement of cash flows and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and the Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the group and parent charity's affairs as at 31 March 2026 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 8 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group and parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Independent auditors' report

To the members and the trustees of

Endometriosis UK

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and parent charity and their environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept by the parent charity, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charity financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out in the trustees' report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group and the parent charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charity or to cease operations, or have no realistic alternative but to do so.

Independent auditors' report

To the members and the trustees of

Endometriosis UK

Our responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Acts and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The procedures we carried out and the extent to which they are capable of detecting irregularities, including fraud, are detailed below:

(1) We obtained an understanding of the legal and regulatory framework that the group and parent charity operates in, and assessed the risk of non-compliance with applicable laws and regulations. Throughout the audit, we remained alert to possible indications of non-compliance.

(2) We reviewed the group and parent charity's policies and procedures in relation to:

- Identifying, evaluating and complying with laws and regulations, and whether they were aware of any instances of non-compliance;
- Detecting and responding to the risk of fraud, and whether they were aware of any actual, suspected or alleged fraud; and
- Designing and implementing internal controls to mitigate the risk of non-compliance with laws and regulations, including fraud.

(3) We inspected the minutes of trustee meetings.

(4) We enquired about any non-routine communication with regulators and reviewed any reports made to them.

(5) We reviewed the financial statement disclosures and assessed their compliance with applicable laws and regulations.

(6) We performed analytical procedures to identify any unusual or unexpected transactions or balances that may indicate a risk of material fraud or error.

(7) We assessed the risk of fraud through management override of controls and carried out procedures to address this risk. Our procedures included:

- Testing the appropriateness of journal entries;
- Assessing judgements and accounting estimates for potential bias;
- Reviewing related party transactions; and
- Testing transactions that are unusual or outside the normal course of business.

Independent auditors' report

To the members and the trustees of

Endometriosis UK

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. Irregularities that arise due to fraud can be even harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006, and to the charity's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charity's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

William Guy Blake

Date: 22 September 2026

William Guy Blake ACA
(Senior Statutory Auditor)

For and on behalf of:
GODFREY WILSON LIMITED
Chartered accountants and statutory auditors
2nd Floor – South
One Castle Park
Tower Hill
Bristol
BS2 0JA

Endometriosis UK

Consolidated statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 31 March 2026

	Note	Restricted £	Unrestricted £	**2026 Total £**	2025 Total £
Income from:					
Donations and legacies	3	-	798,890	**798,890**	662,417
Charitable activities	4	188,277	25,751	**214,028**	257,984
Other trading activities	5	-	734,440	**734,440**	561,968
Investments		-	29,503	**29,503**	24,479
Total income		188,277	1,588,584	**1,776,861**	1,506,848
Expenditure on:					
Raising funds		-	237,577	**237,577**	224,582
Charitable activities					
Helpline and support services		224,706	791,817	**1,016,523**	779,846
Information services		-	473,969	**473,969**	395,097
Research		-	84,604	**84,604**	39,999
Total expenditure	7	224,706	1,587,967	**1,812,673**	1,439,524
Net income / (expenditure) and net movement in funds		(36,429)	617	**(35,812)**	67,324
Reconciliation of funds:					
Total funds brought forward		50,696	1,370,935	**1,421,631**	1,354,307
Total funds carried forward		14,267	1,371,552	**1,385,819**	1,421,631

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 18 to the accounts.

Endometriosis UK

Consolidated balance sheets

As at 31 March 2026

	Note	**The group 2026 £**	The group 2025 £	**The charity 2026 £**	The charity 2025 £
Fixed assets					
Tangible assets	11	**44,177**	53,537	**44,177**	53,537
Current assets					
Debtors	14	**166,173**	32,776	**167,324**	32,847
Cash at bank and in hand		**1,356,049**	1,510,504	**1,354,282**	1,508,681
		1,522,222	1,543,280	**1,521,606**	1,541,528
Liabilities					
Creditors: amounts falling due within 1 year	15	**(180,580)**	(175,186)	**(180,580)**	(175,186)
Net current assets		**1,341,642**	1,368,094	**1,341,026**	1,366,342
Net assets	17	**1,385,819**	1,421,631	**1,385,203**	1,419,879
Funds	18				
Restricted funds		**14,267**	50,696	**14,267**	50,696
Unrestricted funds					
Designated funds		**294,218**	317,333	**294,218**	317,333
General funds		**1,077,334**	1,053,602	**1,076,718**	1,051,850
Total charity funds		**1,385,819**	1,421,631	**1,385,203**	1,419,879

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 21 September 2026 and signed on their behalf by

Liz Campbell - Chair

Endometriosis UK

Consolidated statement of cash flows

For the year ended 31 March 2026

	2026	2025
	£	£
Cash used in operating activities:		
Net movement in funds	**(35,812)**	67,324
Adjustments for:		
Depreciation charges	**9,360**	10,773
Dividends and interest from investments	**(29,503)**	(24,479)
(Increase) / decrease in debtors	**(133,397)**	7,123
Increase in creditors	**5,394**	80,915
Net cash provided by operating activities	**(183,958)**	141,656
Cash flows from investing activities:		
Dividends and interest from investments	**29,503**	24,479
Purchase of tangible fixed assets	**-**	(29,893)
Net cash provided by / (used in) investing activities	**29,503**	(5,414)
(Decrease) / increase in cash and cash equivalents in the year	**(154,455)**	136,242
Cash and cash equivalents at the beginning of the year	**1,510,504**	1,374,262
Cash and cash equivalents at the end of the year	**1,356,049**	1,510,504

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

1. Accounting policies

a) General information and basis of preparation

Endometriosis UK is a charitable company limited by guarantee registered in England and Wales. The registered office address is 10-18 Union Street, London, England, SE1 1SZ.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Endometriosis UK meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Group accounts

These financial statements consolidate the results of the charitable company and its wholly-owned (controlled) subsidiary on a line by line basis. Transactions and balances between the charitable company and its subsidiary have been eliminated from the consolidated financial statements. Balances between the two companies are disclosed in the notes of the charitable company's balance sheet. A separate statement of financial activities, or income and expenditure account, for the charitable company itself is not presented because the charitable company has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006.

c) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have been met, then the legacy is treated as a contingent asset and disclosed if material.

1. Accounting policies (continued)

e) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

g) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particularly areas of the charity's work or for specific projects being undertaken by the charity.

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities based on the proportion of staff time occupied by each activity as follows:

	2026	2025
Raising funds	**11%**	11%
Charitable activities		
Helpline & support services	**62%**	60%
Information services	**24%**	25%
Research	**3%**	4%

1. Accounting policies (continued)

j) Tangible fixed assets

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

Office equipment	4 years straight line
Furniture and fittings	10 years straight line

Items of equipment are capitalised where the purchase price exceeds £1,000.

k) Investment in subsidiary

The charitable company has one wholly owned subsidiary, Endometriosis UK Trading Limited, (registered company number 05836007). The subsidiary is used for non-primary purpose trading activities. The subsidiary undertaking is valued at cost less any cumulative impairment losses in the charitable company's accounts.

l) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

m) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

n) Creditors

Creditors and provisions are recognised where there is a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

o) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

p) Pension costs

The company operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

q) Operating leases

Rentals paid under operating leases are charged to the statement of financial activities as they fall due.

r) Foreign currency transactions

Transactions in foreign currencies are translated at rates prevailing at the date of the transaction. Balances denominated in foreign currencies are translated at the rate of exchange prevailing at the year end.

1. Accounting policies (continued)

s) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements are depreciation as described in note j above.

2. Prior period comparatives: statement of financial activities

	Restricted £	Unrestricted £	2025 Total £
Income from:			
Donations and legacies	-	662,417	662,417
Charitable activities	257,984	-	257,984
Other trading activities	-	561,968	561,968
Investments	-	24,479	24,479
Total income	257,984	1,248,864	1,506,848
Expenditure on:			
Raising funds	-	224,582	224,582
Charitable activities			
Helpline and support services	304,692	475,154	779,846
Information services	-	395,097	395,097
Research	-	39,999	39,999
Total expenditure	304,692	1,134,832	1,439,524
Net income / (expenditure) and net movement in funds	(46,708)	114,032	67,324

3. Income from donations and legacies

	2026	2025
	£	£
Donations	**724,494**	499,071
Legacies	**65,221**	146,448
Gift in kind	**9,175**	16,898
Total income from donations and legacies	**798,890**	662,417

All income from donations and legacies in the current and prior period was unrestricted.

4. Income from charitable activities

	Restricted	Unrestricted	**2026 Total**	2025 Total
	£	£	**£**	£
Grants:				
DHSC	-	-	**-**	94,720
Lottery Community Funding - Wales	30,034	-	**30,034**	58,953
Bloomberg LP	54,000	-	**54,000**	54,925
Simply Health	25,000	-	**25,000**	25,000
EUmetriosis	69,243	-	**69,243**	5,952
Westfield Health	5,000	-	**5,000**	5,000
Barcapel Foundation	5,000	-	**5,000**	-
Pilkington Trust	-	-	**-**	3,000
Hospital Saturday Fund	-	-	**-**	2,000
Other charitable activities:				
Consultancy	-	22,326	**22,326**	-
Research involvement	-	3,425	**3,425**	8,434
Total income from charitable activities	**188,277**	**25,751**	**214,028**	257,984

All income from charitable activities in the prior year was restricted.

5. Income from other trading activities

	2026	2025
	£	£
Challenge events	**552,582**	368,859
Membership fees	**26,619**	17,788
Licence fees	**1,600**	36,996
Other fundraising activities	**153,639**	138,325
Total income from other trading activities	**734,440**	561,968

All income from other trading activities in the current and prior period was unrestricted.

6. Government grants

The charitable company receives government grants, defined as funding from the Department of Health and Social Care, the Scottish Government and the National Lottery Community Funding (Scotland and Wales), to fund charitable activities. The total value of such grants in the period ending 31 March 2026 was £30,034 (2025: £153,673). There are no unfulfilled conditions or contingencies attaching to these grants in 2025/26.

7. Total expenditure

		Charitable activities					
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Support costs £	**2026 Total** **£**
Staff costs (note 9)	110,765	629,153	236,668	33,147	7,352	14,312	**1,031,397**
Information	-	-	72,167	-	-	-	**72,167**
Membership EFE	-	3,561	-	-	-	-	**3,561**
Fundraising and challenge events	74,025	-	-	-	-	-	**74,025**
Office costs	11,912	55,551	77,495	39,225	624	195,008	**379,815**
Premises costs	-	-	-	-	-	68,059	**68,059**
Professional fees	-	-	-	-	11,910	65,963	**77,873**
Helpline & volunteer costs	-	95,462	-	-	-	-	**95,462**
Other costs	-	617	300	-	-	9,397	**10,314**
Sub-total	196,702	784,344	386,630	72,372	19,886	352,739	**1,812,673**
Allocation of support costs	38,694	219,788	82,678	11,579	-	(352,739)	**-**
Allocation of governance costs	2,181	12,391	4,661	653	(19,886)	-	**-**
Total expenditure	**237,577**	**1,016,523**	**473,969**	**84,604**	**-**	**-**	**1,812,673**

7. Total expenditure

Prior period comparative

		Charitable activities					
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Support costs £	2025 Total £
Staff costs (note 9)	98,722	523,117	213,183	31,193	7,040	7,066	880,321
Information	-	-	61,061	-	-	-	61,061
Membership EFE	-	2,436	-	-	-	-	2,436
Fundraising and challenge events	59,138	-	-	-	-	-	59,138
Office costs	8,160	57,209	67,534	1,486	545	50,826	185,760
Premises costs	-	-	-	-	-	54,009	54,009
Professional fees	-	-	-	-	24,619	53,106	77,725
Helpline & volunteer costs	-	72,301	-	-	-	-	72,301
Other costs	-	2,027	3,293	-	5,454	603	11,377
Bad debt	35,396	-	-	-	-	-	35,396
Sub-total	201,416	657,090	345,071	32,679	37,658	165,610	1,439,524
Allocation of support costs	18,874	100,014	40,758	5,964	-	(165,610)	-
Allocation of governance costs	4,292	22,742	9,268	1,356	(37,658)	-	-
Total expenditure	224,582	779,846	395,097	39,999	-	-	1,439,524

8. Net movement in funds

This is stated after charging:

	2026	2025
	£	£
Depreciation	**9,360**	10,773
Operating lease payments	**45,950**	34,684
Trustees' remuneration	**Nil**	Nil
Trustees' reimbursed expenses	**1,102**	308
Auditors' remuneration (excluding VAT):		
▪ Statutory audit	**9,100**	8,800
▪ Other services	**1,080**	1,520

Trustee expenses represent the reimbursement of travel and subsistence costs totalling £1,102 (2025: £308), incurred by five trustees (2025: two) in relation to attendance at meetings and participation in fundraising challenge events as volunteers and supporters.

In common with other charities of our size and nature we use our auditors to assist with the preparation of the financial statements and to prepare and submit returns to the tax authorities.

9. Staff costs and numbers

Staff costs were as follows:

	2026	2025
	£	£
Salaries and wages	**889,280**	775,676
Social security costs	**104,238**	73,389
Pension costs	**37,879**	31,256
	1,031,397	880,321

	2026	2025
Employees earning more than £60,000 during the year:	**No.**	No.
Between £60,000 and £70,000	**1**	1

The key management personnel of the charitable company comprise the Trustees and Chief Executive Officer. The total employee benefits of the key management personnel were £73,517 (2025: £72,953).

	2026	2025
	No.	No.
Average head count	**26**	23

9. Staff costs and numbers (continued)

Staff are split across activities of the charity as follows (full time equivalent basis):

	2026 **No.**	2025 No.
Raising funds	**3**	2
Helpline and support services	**16**	12
Information services	**6**	5
Research	**1**	1
Governance	**-**	-
	26	20

10. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

11. Tangible fixed assets

Group and Charity	Furniture & fittings £	Office equipment £	**Total £**
Cost			
At 1 April 2025 and 31 March 2026	52,972	42,326	**95,298**
Depreciation			
At 1 April 2025	6,292	35,469	**41,761**
Charge for the year	5,936	3,424	**9,360**
At 31 March 2026	12,228	38,893	**51,121**
Net book value			
At 31 March 2026	**40,744**	**3,433**	**44,177**
At 31 March 2025	46,680	6,857	53,537

12. Subsidiary undertakings

Endometriosis UK Trading Limited

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of Endometriosis UK on 2 June 2006 (company no. 05836007), with an issued share capital of £1.

	2026	2025
	£	£
Turnover	-	35,396
Gross profit	**-**	35,396
Administrative expenses	**(1,080)**	(35,430)
Operating profit	**(1,080)**	(34)
Interest receivable	**4**	3
Interest payable	**(60)**	(60)
Loss on ordinary activities and for financial year	**(1,136)**	(91)

The aggregate of the assets, liabilities and funds was:

	2026	2025
	£	£
Assets	**1,767**	1,823
Liabilities	**(1,151)**	(71)
Funds	**616**	1,752

13. Parent charity

The parent charity's gross income and the results for the year are disclosed as follows:

	2026	2025
	£	£
Gross income	**1,776,857**	1,471,448
Results for the year	**(34,676)**	67,415

14. Debtors

	The group		The charity	
	2026	2025	**2026**	2025
	£	£	**£**	£
Trade debtors	**11,405**	20,397	**11,405**	20,397
Prepayments	**22,574**	1,282	**22,574**	1,282
Accrued income	**127,512**	9,948	**127,512**	9,948
VAT	**-**	1,149	**-**	1,149
Amounts owed by group undertakings	**-**	-	**1,151**	71
Other debtors	**4,682**	-	**4,682**	-
	166,173	32,776	**167,324**	32,847

15. Creditors: amounts falling due within 1 year

	The group		The charity	
	2026	2025	**2026**	2025
	£	£	**£**	£
Trade creditors	**18,626**	17,792	**18,626**	17,792
Accruals	**13,274**	22,154	**13,274**	22,154
Deferred income (note 16)	**119,393**	119,393	**119,393**	119,393
Taxation and social security	**24,801**	10,980	**24,801**	10,980
Other creditors	**4,486**	4,867	**4,486**	4,867
	180,580	175,186	**180,580**	175,186

16. Deferred income

	The group		The charity	
	2026	2025	**2026**	2025
	£	£	**£**	£
At 1 April	**119,393**	-	**119,393**	-
Deferred during the year	**-**	119,393	**-**	119,393
At 31 March	**119,393**	119,393	**119,393**	119,393

Deferred income relates to a pre-financing float held for the EUmetriosis project.

17. Analysis of group net assets between funds

	Restricted funds £	Designated funds £	General funds £	**Total funds £**
Tangible fixed assets	-	-	44,177	**44,177**
Current assets	134,846	294,218	1,093,158	**1,522,222**
Current liabilities	(120,579)	-	(60,001)	**(180,580)**
Net assets at 31 March 2026	**14,267**	**294,218**	**1,077,334**	**1,385,819**

Prior year comparative	Restricted funds £	Designated funds £	General funds £	Total funds £
Tangible fixed assets	-	-	53,537	53,537
Current assets	170,089	317,333	1,055,858	1,543,280
Current liabilities	(119,393)	-	(55,793)	(175,186)
Net assets at 31 March 2025	50,696	317,333	1,053,602	1,421,631

18. Movements in group funds

	At 1 April 2025 £	Income £	Expenditure £	Transfers between funds £	**At 31 March 2026 £**
Restricted funds					
Lottery Community Funding - Wales	30,213	30,034	(60,247)	-	**-**
Bloomberg LP	12,049	54,000	(51,782)	-	**14,267**
Simply Health	-	25,000	(25,000)	-	**-**
EUmetriosis	-	69,243	(69,243)	-	**-**
Westfield Health	-	5,000	(5,000)	-	**-**
Barcapel Foundation	-	5,000	(5,000)	-	**-**
University of Aberdeen	8,434	-	(8,434)	-	**-**
Total restricted funds	50,696	188,277	(224,706)	-	**14,267**
Unrestricted funds					
Designated funds:					
Understanding periods-empowering futures-Scotland	-	-	-	105,198	**105,198**
Diversity & Inclusion Activities	52,000	-	(39,869)	-	**12,131**
Nurse-led Support Line	265,333	-	(88,444)	-	**176,889**
Total designated funds	317,333	-	(128,313)	105,198	**294,218**
General funds	1,053,602	1,588,584	(1,459,654)	(105,198)	**1,077,334**
Total unrestricted funds	1,370,935	1,588,584	(1,587,967)	-	**1,371,552**
Total funds	1,421,631	1,776,861	(1,812,673)	-	**1,385,819**

Purposes of restricted funds

Lottery Community Funding - Wales	A 3- year project to set up support groups and raise awareness of endometriosis across Wales.
Bloomberg LP	Funding to deliver awareness and understanding of Endometriosis to various EDI communities over three years.
Simply Health	A one-off grant to go towards the continued operating of our support groups and peer support helpline.
EUmetriosis	A 5-year EU Horizon consortium project, to support EU research into endometriosis by supporting with Patient Participation Involvement (PPI) as well as disseminating information about the research projects to our community through social media and a new EUmetriosis website.

18. Movements in group funds (continued)

Purposes of restricted funds (continued)

Westfield Health	A one-off grant to develop a series of informative social media videos featuring our specialist nurses designed to deliver reliable information and bust common myths about endometriosis.
Barcapel Foundation	A one-off grant to expand support group services across Scotland.

Purpose of designated funds

Understanding periods-empowering futures-Scotland	A two-year project, part funded by National Lottery Young Start Scotland, focused on improving menstrual health awareness among young people aged 13–25 in Scotland, with a particular focus on Glasgow and disadvantaged communities.
Diversity & Inclusion Activities	We had identified that we had less reach within certain communities, notably those from black, Asian and minority ethnic and LGBTQ+ communities. Additional funding was allocated to increase capacity in this area, undertake research and deliver improved reach. This will be fully spent next year.
Nurse-led Support Line	Funds were set aside to launch a new nurse helpline. The service is fully operational, and the remaining funds will be spent down over 2 years.

Transfers between funds

The transfers between designated funds and general funds relate to the designation of funds.

18. Movements in group funds (continued)

Prior year comparative

	At 1 April 2024 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2025 £
Restricted funds					
Lottery Community Funding - Scotland	19,514	-	(19,514)	-	-
Lottery Community Funding - Wales	36,231	58,953	(64,971)	-	30,213
Sense Foundation Grant	13,804	-	(13,804)	-	-
DHSC Grant	-	94,720	(94,720)	-	-
Bloomberg LP	27,855	54,925	(70,731)	-	12,049
Simply Health	-	25,000	(25,000)	-	-
EUmetriosis	-	5,952	(5,952)	-	-
Westfiled Health	-	5,000	(5,000)	-	-
Pilkington Trust	-	3,000	(3,000)	-	-
Hospital Saturday Fund	-	2,000	(2,000)	-	-
University of Aberdeen	-	8,434	-	-	8,434
Total restricted funds	97,404	257,984	(304,692)	-	50,696
Unrestricted funds					
Designated funds:					
Webchat and Helpline Expansion	94,000	-	(94,000)	-	-
Additional Scottish Project	40,000	-	(40,000)	-	-
Diversity & Inclusion Activities	104,000	-	(52,000)	-	52,000
Nurse-led Support Line	-	-	-	265,333	265,333
Total designated funds	238,000	-	(186,000)	265,333	317,333
General funds	1,018,903	1,248,864	(948,832)	(265,333)	1,053,602
Total unrestricted funds	1,256,903	1,248,864	(1,134,832)	-	1,370,935
Total funds	1,354,307	1,506,848	(1,439,524)	-	1,421,631

19. Operating lease commitments

The group and charity had operating leases at the year end with total future minimum lease payments as follows:

	The group		The charity	
	2026	2025	**2026**	2025
	£	£	**£**	£
Amount falling due:				
Within 1 year	**49,390**	49,390	**49,390**	49,390
Within 1 - 5 years	**69,969**	115,243	**69,969**	115,243
	119,359	164,633	**119,359**	164,633

20. Related party transactions

Endometriosis UK has a wholly owned subsidiary Endometriosis UK Trading Limited, a company limited by shares (company no. 05836007). At 31 March 2025, Endometriosis UK Trading Limited owed Endometriosis UK £1,151 (2025: £71).

The charity received unrestricted donations totalling £nil (2025: £100 from one trustee) during the year. There are no unfulfilled conditions attached to these donations.