

ARE YE LIVIN WI ENDOMETRIOSIS AND NEEDIN SUPPORT?

Gettin diagnosed and livin wi endometriosis can be an awfy scary experience. If ye're findin hings difficult, **we are here tae help.**

Oor trained volunteers, whae aw huv personal experience o endometriosis, can offer ye the help ye need tae unnerstaun yer condition and tak control.

 www.endometriosis-uk.org

ENDOMETRIOSIS^{UK}

QUALITY INFORMATION

Whether ye huv questions about diagnosis, treatment options or self-care techniques, ye'll find reliable and trust-worthy information on oor website.

SUPPORT GROUPS

Oor support groups can offer information, support and freendship tae onybody affectit by endometriosis. Jynin a group can gie ye the chance tae get tae ken and blether wi ither fowk whae unnerstaun yer situation.

HELPLINE

Whether ye've jist been diagnosed, huv questions aboot treatment options, or are jist wantin tae huv a wee blether wi somebody, ye can gie oor free confidential endometriosis helpline a caw on **0808 808 2227**

WEBCHAT

Offerin the same support and information as oor Helpline, oor free confidential endometriosis webchat service lets ye tae speak tae yin o oor volunteers through oor live chat system.

HEALTH UNLOCKED

Oor online support and discussion forum is a place whaur ye can safely share yer experiences, ask questions, and find oot mair about endometriosis wioot sharin yer name or identity.

WEBINARS

Oor webinar series delivers expert information tae oor growin endometriosis community. We wirk wi endometriosis experts across the UK tae support oor community and let fowk ken aboot endometriosis treatment and care.

Fur fou details o oor support services gang tae
www.endometriosis-uk.org/get-support

 Helpline: **0808 808 2227**

