



Role Outline – Cardiff Half Marathon Cheer Volunteer

Join Team Endometriosis UK and be one of our amazingly brilliant cheer volunteers.

We are looking for loud and enthusiastic volunteers to help cheer on our fantastic running and challenge participants. They take on incredible fundraising challenges in order to improve the lives of those with endometriosis and raise awareness of the condition, and you will help provide the motivation they need on event days. You will be clapping and cheering as loud as you can at one of our heavily branded cheer points. This is a vital role, with your help we can show how much we value their support and increase Endometriosis UK's visibility.

You can volunteer by yourself, or with friends, family or colleagues... the more the merrier!

Date: Sunday 1st October 2023

Location and volunteering times:

[Along the Cardiff Half Marathon route – exact location TBC](#)

9am - 5pm TBC

Minimum 2-3 hour shift within hours above

What will the role require me to do?

- Spotting Endometriosis UK running and challenge participants on the course
- Cheer and clap as loud as humanly possible to make participants feel valued
- Making noise to boost participants to complete their challenge
- Take photos of runners and share with Endometriosis UK Staff present on the day

What difference will you make?

'I'd never run a half marathon before, in fact I'd never really 'run' before! On the day it wasn't my aching muscles or blistered feet that brought tears to my eyes but seeing supportive faces cheering me on in the crowd. Knowing every £1 raised was going to make a real difference to those living with endometriosis.' Endometriosis UK runner

What is required for this role?

- Bags of enthusiasm and energy
- Being comfortable being in loud and crowded areas
- Committed to Endometriosis UK's mission.



- Happy to be on your feet for a period of time

What will you get of it?

- A fun and wholesome day out with others from the endometriosis community
- Meeting new people in the endometriosis community and you'll also be joined Endometriosis UK staff and trustees
- Helping to raise awareness and visibility of endometriosis and Endometriosis UK
- A t shirt that you'll wear on the day
- Gain invaluable experience for your CV

'I ended up staying for three hours and had such fun; laughing, cheering and trying to spot our runners, as well as looking at the outfits!' Endometriosis UK cheer volunteer

Expenses

All reasonable local travel and food expenses will be covered by Endometriosis UK.