



NATIONAL INFERTILITY DAY

# National Infertility Day

**In recognition  
of 30 years  
of IVF**

**Saturday 19th July 2008**

**A unique event for patients and for those  
working in the field of infertility**

**NEW CONNAUGHT ROOMS  
61-65 Great Queen Street  
London WC2B 5DA**

**Organised by  
Infertility  
Network UK  
and  
ACeBabes**

**Patrons:**

**Professor Robert Edwards and  
Professor Lord Robert Winston**

**Special guest speakers:**

**Professor Robert Edwards, Pioneer of IVF  
Professor André Van Steirteghem, Pioneer of ICSI**

**Delegate Rate of only:**

£15.00 per person - patients

£35.00 per person - those with a professional interest

**Principal Sponsors**



**[www.nationalinfertilityday.com](http://www.nationalinfertilityday.com)**

# PROGRAMME

Time	Session and Speaker
9.30	<b>Opening Address</b> CLARE BROWN, Chair of National Infertility Day Organising Committee
9.45	<b>The Professor Robert Edwards Lecture, Pioneer of IVF</b>
10.15	Coffee Break
10.45	Satellite Sessions
12.00	<b>Keynote Lecture: ICSI: What have we achieved 16 years after the first birth?</b> André Van Steirteghem, Emeritus Professor, Honorary Consultant, Centre for Reproductive Medicine, UZB, Brussels
12.30	Lunch
13.30	Satellite Sessions
14.45	Coffee
15.15	<b>Plenary Lecture: My Family &amp; and all Other Small Animals,</b> Mr Charles Kingsland, MD, FRCOG, Liverpool Women's Hospital
15.45	<b>Announcement of winner of Health Professional of the Year and winner of the I N UK Special Award and I N UK Raffle Draw</b>
16.00	<b>National Infertility Day Question Time:</b> see below for details of Chair and Panellists
16.45	Closing address and thanks NID Organising Committee

Chair: Vivienne Parry, Writer & Broadcaster  
Panellists:

1. Dr Marilyn Glenville PhD, Nutritional Therapist
2. Name TBC, Chair of the Human Fertilisation & Embryology Authority
3. Mark Henderson, Science Editor, The Times
4. Dr Mark Hamilton, Consultant Gynaecologist, Aberdeen Maternity Hospital & Chair – British Fertility Society
5. Dr Stephen Troup, Scientific Director, Hewitt Centre for Reproductive Medicine, Liverpool Women's Hospital & Chair of Association Of Clinical Embryologists

## Morning Satellite Sessions

### Complementary Therapy

Chair: Zita West, The Zita West Clinic

- **Fit for Fertility, Healthy Baby – Healthy Mother and Father**  
Dian Shepperson Mills, The Endometriosis & Fertility Clinic
- **Chinese Medicine in Infertility**  
Dr Lily, Acumedic
- **The ART of Complementary Therapies**  
Emma Davis, Oeuf (MIFPA)

### Male Infertility

Chair: Dr Iwan Lewis Jones, Liverpool Women's Hospital

- **Biopsies/Sperm Retrieval**  
Dr Gillian Lockwood, Midland Fertility Services
- **Environmental Factors**  
Professor Sheena Lewis, Queen's University of Belfast

- **Investigation and Treatment**  
Mr Simon Wood, Consultant Obstetrician & Gynaecologist, Countess of Chester Hospital

### Is This The Way Forward?

Chair: Sue Avery

- **Single Embryo Transfer – Exploring the Options**  
Dr Steve Roberts, Senior Lecturer in Medical Statistics, Biostatistics Group, University of Manchester
- **Combining Science and Empathy – the New Approach to Fertility Treatment**  
Alan Thornhill, PhD, HCLD, Scientific Director, The London Bridge Fertility, Gynaecology and Genetics Centre
- **In Vitro Maturation**  
Dr Helen Picton, Reader in Reproduction and Early Development, Leeds Institute of Genetics, Health and Therapeutics University of Leeds & Scientific Director, Reproductive Medicine Unit, Leeds Teaching Hospitals NHS Trust

### The Emotional Impact of Infertility

Chair: Liz Latache, Senior Nurse Manager, Centre for Reproductive Medicine, Barts and the London Hospital

- **Fertility Coaching**  
Anya Sizer, Powerchange
- **Does the Word “Counselling” Scare You?**  
Helen Allan and Janet Owen
- **“It’s Good to Talk”**  
Laura Hughes, Personal Experience

### Female Infertility

Chair: Mr Tim Child, Senior Fellow/Hon. Consultant Nuffield Department Obstetrics and Gynaecology, University of Oxford

- **Polycystic Ovary Syndrome (PCOS) and Infertility**  
Professor Adam Balen, Leeds General Infirmary
- **Causes and Diagnosis**  
Mr Geoffrey H Trew, Consultant in Reproduction Medicine & Surgery, Hammersmith Hospital, London
- **Monitoring Ovarian Reserve**  
Dr Luciano G Nardo, Consultant Gynaecologist Subspecialist in Reproductive Medicine and Surgery, St Mary's Hospital, Manchester

## Afternoon Satellite Sessions

### Removing Barriers to Treatment

Chair: Helen Kendrew, Clinical Nurse Manager, Bath Assisted Conception Clinic

- **Working with Primary Care Trusts to End the Postcode Lottery**  
Clare Brown, Chief Executive, Infertility Network UK & Chair, National Infertility Awareness Campaign

- **Treatment Overseas – the Pros & Cons**  
Kate Brian, Author of “The Complete Guide to Female Fertility”
- **The Effect of Your Lifestyle on Your Fertility**  
Professor Bill Ledger, Centre for Reproductive Medicine and Fertility, University of Sheffield

### Assisted Reproduction Treatment

Chair: Dr Mark Hamilton, Aberdeen Maternity Hospital

- **Anti Mullerian Hormone (AMH) and Ovarian Stimulation Strategy**  
Professor Richard Fleming, Scientific Director, GCRM Ltd
- **The Embryology Lab**  
Rachel Cutting, Principal Embryologist/Quality Manager, Sheffield Teaching Hospitals
- **Optimising the Outcome in Fertility Treatment**  
Mr Simon Thornton, CARE Fertility

### Donor Issues

Chair: Sarah Norcross, Director, Progress Educational Trust

- **Recruiting Donors**  
Joanne Adams, Donor Recruitment Manager, Manchester Fertility Services
- **10 Years of Egg Sharing in the UK**  
Dr Kamal Ahuja PhD, Scientific & Managing Director, London Women's Clinic
- **“Time to Tell”**  
Olivia Montuschi, DC Network

### What if Treatment Fails?

Chair: Mr Michael Dooley, The Poundbury Clinic, London and Dorset

- **Surrogacy – a Personal Story**  
Carol O'Reilly, Surrogacy UK
- **Adoption**  
Jonathan Pearce, Adoption UK
- **Just the Two of Us – Involuntary Childlessness**  
Caroline Gallup, Personal Experience

### What Patients Need

Chair: Dr Scott Wilkes, PhD, GP, Coquet Medical Group, Northumberland

- **Factors Affecting the Outcome of IVF Treatment – What Can We Learn from Analysis of National Data?**  
Sam Abdalla, The Lister Hospital & HFEA Member and Tim Whitaker, Director of Communications & Policy, HFEA
- **Achieving Patient Friendly IVF in the UK: Psychology Makes a Difference**  
Jacky Boivin, Reader, Cardiff University
- **New Directions Toward Handling Infertility: How Religion and Spirituality Help**  
Robab Latifnejad Roudsari, PhD, Student in Reproductive Health, Faculty of Health & Medical Sciences, University of Surrey

## I N UK EVENING EVENT

A chance to relax, unwind, meet others and those involved in National Infertility Day including Organisers, Speakers and Exhibitors. Please indicate your interest in joining us on the registration form opposite and full details will be sent with your confirmation with no obligation to attend.

## VENUE

The meeting will take place at: The New Connaught Rooms,  
Great Queen Street, London WC2B 5DA  
*Located in the heart of London's Covent Garden.*

## TRAVEL

Wherever you are arriving from, you will have no difficulty in reaching the venue. It is just a short journey from most of the capital's Main Line Railway Stations. Numerous buses pass close by and the Underground Stations of Covent Garden (Piccadilly Line) and Holborn (Piccadilly and Central Lines) are just a few minutes walk away. The nearest covered car park is on the corner of Drury Lane and Parker Street and is only a two minute stroll.

## HOW TO REGISTER FOR NID 2008:

ONLINE Registration: We would be grateful if you could register for this unique event via the National Infertility Day website at **www.nationalinfertilityday.com**, you can also keep up to date with confirmed speakers and exhibitors via the web site. However if this is not your preferred method please complete the registration form opposite indicating your preferred payment method. Registration will not be confirmed until full payment has been received.

## NID CONFERENCE ORGANISERS

For all enquiries regarding registration and programme content please contact the NID team on Tel: 01323 637713 Fax: 01323 637777 Email: nid@confpeople.co.uk

## REGISTRATION TERMS AND CONDITIONS

No registration can be processed without full payment being received in £ sterling. Once payment is received a booking confirmation will be sent.

It may be necessary, for reasons beyond the control of the organisers, to alter the content and timings of National Infertility Day or the published speakers.

Cancellations must be made in writing to nid@confpeople.co.uk or by fax 01323 637777 by the latest Thursday 12th June 2008. If cancellation of your booking is received prior to Thursday 12th June 2008, a refund of your delegate fee will be made less an administration charge of £10. We regret that refunds will not be made after this date.

By agreeing to the terms and conditions you confirm that you are liable to pay the above administration fee.

## DATA PROTECTION

By completing this booking you are consenting to your personal information being passed onto those parties involved in the administration of this conference.

Please note: VAT is not applicable on delegate fees. I N UK and ACeBabes are registered charities. I N UK registered charity number 1099960. ACeBabes registered charity number 1082269

Cut along dotted line

## REGISTRATION FORM

**WE WOULD PREFER IF YOU CAN REGISTER FOR NID 2008 ONLINE AT [www.nationalinfertilityday.com](http://www.nationalinfertilityday.com) or by completing this form:**

To ensure that we account for all your requirements please complete all relevant parts of this form. All details must be clearly written in capital letters.

**Payees' details.** Please list additional delegates overleaf.

Mr/Mrs/Ms/Miss/Dr/Other (please specify)

First Name

Last Name

Please complete if applicable:

Job Title

Organisation

## CORRESPONDENCE DETAILS:

(This information will be used for all future correspondence in relation to National Infertility Day)

### Address

Address

Town/City

County  Postcode

Country

**Contact Details:** (Please include all country and area codes)

Tel no:

Mobile no:

Fax no:

Email:

Number of places at Patient delegate rate of £15 per person, list names overleaf

Number of places at Professional Interest rate of £35 per person, list names overleaf

## DONATION

I wish to make a freewill donation to I N UK and ACeBabes.

Please add  donation to my delegate fee.

I am a UK taxpayer and would like to GiftAid my donation (please tick box)

TOTAL TO BE PAID

## PAYMENT METHOD

Visa  Mastercard  Maestro  Charity Card

Cardholder's name

Card number

Expiry Date  last 3 digits on reverse

Issue Number

Signature

Cheque  Made payable to I N UK

It would be useful to know if you are, please indicate ...

Patient/s  Counsellor  Doctor

Journalist  Nurse  Politician

PCT/Health Board Representative

(if so which?)

Other - please specify

### SATELLITE SESSIONS

Sessions will be allocated on a first come first served basis. Please indicate below your first, second and third choice of session. Wherever possible we will try to accommodate your first choice. To reduce any disruption to the sessions, we kindly request that you attend the full session and do not move from one room to another.

#### Morning Sessions

First Choice

Second Choice

Third Choice

#### Afternoon Sessions

First Choice

Second Choice

Third Choice

#### I confirm that I have read the registration terms and conditions

(Please tick here)

Please include details of the NID BBQ

### NAME OF ALL DELEGATES

Continue on a separate sheet if necessary

First Name  Mr/Mrs/Ms/Miss/Dr/Other (please specify)

Surname

First Name  Mr/Mrs/Ms/Miss/Dr/Other (please specify)

Surname

First Name  Mr/Mrs/Ms/Miss/Dr/Other (please specify)

Surname

First Name  Mr/Mrs/Ms/Miss/Dr/Other (please specify)

Surname

First Name  Mr/Mrs/Ms/Miss/Dr/Other (please specify)

Surname

First Name  Mr/Mrs/Ms/Miss/Dr/Other (please specify)

Surname

If you do not wish to receive future correspondence from I N UK and ACeBabes regarding future events or developments, please tick here

### SPONSORSHIP AND EXHIBITION OPPORTUNITIES:

For all enquiries regarding sponsorship opportunities, exhibition and/or inserts in delegate bags, please contact Sheena Young from Infertility Network UK on:

Tel/Fax: 01294 218868

Email: sheena@infertilitynetworkuk.com

### SEND BOOKING FORMS TO:

NID Conference Organisers, Lismore House, 14 Lismore Road, Eastbourne, East Sussex BN21 3AT or fax to: 01323 637777

### ORGANISING COMMITTEE

- Infertility Network UK and More To Life
- ACeBabes

### ADVISORY BOARD

- British Fertility Society
- British Infertility Counselling Association
- Association of Clinical Embryologists
- Royal College of Nursing, Fertility Nurses Group
- Human Fertilisation & Embryology Authority
- British Andrology Society
- Progress Educational Trust

Infertility Network UK (I N UK) and ACeBabes are very pleased to be hosting what is now our fourth National Infertility Day on Saturday 19th July 2008. We hope we have built on our experiences of 2002, 2004 and 2006 and once again pulled together a unique day which aims to achieve the following:

- To raise awareness of infertility
- To create a unique forum for providing and sharing information
- For empowerment
- To bring together everyone from within the infertility spectrum

I N UK and ACeBabes have once again worked hard to develop a programme which provides as much information as we can in order to try and help as many of those touched by difficulties in conceiving – no matter what stage they are at in their journey. So whether you are concerned that you may have difficulties, or are perhaps already having fertility treatment or are facing involuntary childlessness – this day will help you feel more in control, more informed and empowered to move forward.

Or perhaps you work in the field as a doctor, a nurse, an embryologist or a counsellor for example. The day gives you all an opportunity to get together, gather and share information thus creating a better understanding of each others roles and of patients' needs.

To register online and to keep up to date with confirmed speakers and exhibitors, check out the National Infertility Day website at:

[www.nationalinfertilityday.com](http://www.nationalinfertilityday.com)

All details are correct at the time of going to press