

ENDOMETRIOSIS UK

Lay Books in print about endometriosis

Newer publications listed first. Some older publications can be found in libraries. If using an older publication be aware that some of the treatments explained may not be up to date.

Title: Endometriosis and other pelvic pain

Author: Dr Susan Evans

Publisher: Piakus (2006) ISBN0 7499 2705 4

Title: The Endometriosis Natural Treatment Program

Author: Valerie Worwood and Julia Stonehouse

Publisher: Endometriosis Solutions Ltd (2004) ISBN 0954850602

Title: Endometriosis: Natural and Medical Solutions

Author: Kaz Cooke and Ruth Trickey

Publisher: Allen and Unwin (Australia) Pty Ltd (2004) ISBN 1865087610

Title: Endometriosis: The Complete Reference for Taking Control of your health

Author: Mary Lou Ballweg

Publisher: Contemporary Books (2003) ISBN 0071412484

Title: What to do when the doctor says it's endometriosis

Author: Cheryl Kimball and Thomas L Lyons

Publisher: Fair Winds Press (2003) ISBN 1592330290

Title: Endometriosis: A Key to Healing Through Nutrition

Author: Dian Mills and Michael Vernon

Publisher: Harper Collins (2002) ISBN 0007133103

Title: The 2002 Official Patient's Sourcebook on Endometriosis

Author: James N Parker

Publisher: Lightening Source UK Ltd (2002) ISBN 0597831319

Title: Explaining Endometriosis

Author: Lorraine Henderson and Ros Wood

Publisher: Allen and Unwin (Australia) Pty Ltd (2001) ISBN 1865081337

Title: Coping with Endometriosis: Sound, compassionate advice for alleviating the physical and emotional symptoms of this frequently misunderstood illness

Author: Glenda Motta and Robert H Phillips

Publisher: Avery Publish Group (2000) ISBN 1583330747

- Title: Coping with Endometriosis: Covering Common Problems:**
 Author: Jo Mears
 Publisher: Sheldon Press (1996) ISBN 0859697487
- Title: Understanding Endometriosis**
 Author: Caroline Hawkrige
 Publisher: Optima (1996) ISBN 0356210936
 (also 1989 edition in print – see below)
- Title: Endometriosis and Fibroids**
 Author: Dr Sarah Brewer
 Publisher: Vermilion (1995) ISBN 091807530
- Title: The Endometriosis Sourcebook**
 Author: Mary Lou Ballweg
 Publisher: Contemporary Books Inc (1995) ISBN 0809232634
- Title: Explaining Endometriosis**
 Author: Lorraine Henderson
 Publisher: Allen and Unwin (Australia) (1st edition 1994) ISBN 1863731660
- Title: Endometriosis**
 Author: Suzie Hayman
 Publisher: Penguin (1991) ISBN 0140127313
- Title: The Endometriosis Survival Guide**
 Author: Margot Joan Fromer
 Publisher: New Harbinger Pubs (1998) ISBN 1572241527
- Title: Living with Endometriosis**
 Author: Caroline Hawkrige
 Publisher: Optima (1989) ISBN 0356154475
- Title: Fibroid Tumors and Endometriosis: Self Help Book**
 Author: Susan Lark
 Publisher: Celestial Arts (1995) ISBN 0890877734

These books are available through all leading bookshops. It may also be possible to find them in local libraries.

Please note: This booklist merely lists those books in print. Endometriosis UK makes no comment about the quality of information given within these self-help books.